

## What to expect on the Integrated Stroke Unit (ISU) - Acute Care

While in an acute care bed, you are in the early stages of your recovery. Your care is based on your individual needs. Taking part in your treatment is important to your recovery. This information will help answer questions you and your family may have about your care on the ISU.

When you arrive on the unit	Your treatment	Getting ready to leave your acute bed
<p><b>Your doctors:</b></p> <ul style="list-style-type: none"> <li>will order medications and tests to assess your condition and begin your treatment</li> <li>may involve other specialists if needed</li> </ul>	<p><b>Your doctors:</b></p> <ul style="list-style-type: none"> <li>will monitor your response to treatment and medications</li> <li>may order additional tests</li> <li>will explain the results of your tests</li> </ul>	<p><b>Your doctors:</b></p> <ul style="list-style-type: none"> <li>will discuss your ongoing care and rehabilitation needs to help you plan for when you leave the unit</li> </ul>
<p><b>Your health care team will assess if you are able to:</b></p> <ul style="list-style-type: none"> <li>move by yourself</li> <li>speak, swallow and eat</li> <li>take care of yourself</li> </ul> <p><b>You will:</b></p> <ul style="list-style-type: none"> <li>be closely monitored</li> <li>be encouraged to take part in your care</li> <li>have your blood pressure, pulse, temperature and breathing checked regularly</li> </ul>	<p><b>Your health care team will:</b></p> <ul style="list-style-type: none"> <li>continue to follow your progress</li> <li>teach you new ways to safely care for yourself</li> <li>help you and your family begin planning for when you leave the unit</li> </ul> <p><b>You will be encouraged to:</b></p> <ul style="list-style-type: none"> <li>sit, stand, feed and care for yourself as much as possible</li> </ul> <p style="text-align: center;"><b>Working hard to increase your activity early can help you recover sooner.</b></p>	<p><b>Your health care team will:</b></p> <ul style="list-style-type: none"> <li>continue to work with you and your family to increase your independence</li> <li>help you plan for a return to your home, a move to rehabilitation unit or a move to a retirement or nursing home</li> <li>give you information about community services and programs that may be helpful to you</li> <li>arrange any supports or follow-up care that you may need at this time</li> </ul>
<p><b>For your safety:</b></p> <ul style="list-style-type: none"> <li>the side rails on your bed may be raised</li> <li>you will not be given anything to eat or drink until your ability to swallow has checked</li> <li>your movement may be limited until it is safe for you</li> </ul>	<p><b>For your safety:</b></p> <ul style="list-style-type: none"> <li>you may be taught to use new equipment and aids to help you care for yourself</li> <li>the health care team will help you increase your movement gradually</li> </ul>	<p><b>For your safety:</b></p> <ul style="list-style-type: none"> <li>you will be given information about safety equipment or aids that you may need to buy or rent</li> </ul>