

## **Information for patients**

# **Laser surgery to the Cervix and/or Vagina**

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### **You may notice:**

- A moderate amount of reddish, dark or watery discharge with some odour. The discharge may last up to 2 weeks. Some patients have no discharge at all.
- Cramps somewhat like menstrual cramps. Mild cramping for 1 to 2 days is normal and can be relieved by medications such as Tylenol® or Ibuprofen®. Do not take aspirin.

### **Call the Colposcopy Clinic at 905-574-8488 if you have:**

- bright red bleeding heavier than a normal period (soaking a maxi-pad in less than 2 hours)
- heavy bleeding that is off and on
- severe cramps or pain
- fever

**If you are bleeding heavily and cannot reach the clinic, call 905-521-2100, press “0” for operator assistance and ask for the gynecologist on-call.**

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## Helping yourself heal ...

- Your cervix and vagina need about 2 weeks to heal completely.
- **Do not put anything into your vagina for 2 weeks after your surgery.**

This means:

- no tampons
- no douching
- no sexual intercourse
- You may have a bath or shower.
- Avoid strenuous exercise for 10 days.
- Check with your doctor about when you can return to work.

## If you have any questions or concerns, call the Colposcopy Clinic:

Juravinski Hospital at 905-574-8488.