

Giving your child Lorazepam (Ativan[®]) sublingual tablets - under the tongue

Lorazepam is the generic name for this medication.

Brand names for this medication are:

- Ativan[®]
- Nu-Loraz[®]
- Novolorazepam[®]
- Apo-Lorazepam[®]

What is this medication used for?

Lorazepam is used to:

- stop a seizure
- reduce the number of seizures

How do I store this medication?

Store the tablets in a dry area at room temperature. Place the tablets where you can easily get them in an emergency. Make sure they are out of the reach of children.

Check the expiry date of Lorazepam on your prescription. If the expiry date has passed do not use the medication. Contact your doctor or pharmacist for more medication.

How do I give my child this medication?

1. Give _____ mg of Lorazepam (Ativan[®]).
2. Place the tablet under your child's tongue. The tablet will dissolve in about 20 seconds.
3. Ask your child not to swallow for about 2 minutes to allow the tablet enough time to be absorbed. If your child does swallow the tablet, do not repeat the dose.

If the seizure stops within 5 minutes of giving Lorazepam:

- Follow your doctor's advice regarding further medical care for your child. You may need to call the doctor or take your child to the doctor's office.

If the seizure does not stop within 5 minutes of giving Lorazepam:

- If directed by your doctor, give a second dose of Lorazepam.
- Call 911 to get medical help.

What side effects are possible?

After giving your child Lorazepam your child may experience:

- dizziness, loss of balance
- drowsiness

If your child is dizzy or drowsy, do not leave him or her alone.

Watch your child when he or she is moving to prevent falls or bumps.

When should I call the doctor?

Contact your family doctor or pediatrician if, after giving Lorazepam, you notice that your child:

- is breathing very slowly
- continues to be dizzy, drowsy or confused after 2 hours
- becomes irritable or restless
- has sleeping problems or nightmares

Call 911 if your child has any difficulty breathing.