

## Malone Antegrade Continence Enema (MACE) Checklist

**Name of child:** \_\_\_\_\_

**Weight:** \_\_\_\_\_ kg

### When you leave the hospital

- When you go home, the catheter is left in to let the stoma and pathway (track) heal.
- If the catheter comes out, call the Pediatric Urology Nurse Practitioners (NPs) at 905-521-2100, ext. 72995. During regular clinic hours, follow the voice mail instructions to page a NP. After clinic hours, leave a message.
- The NP will teach you how to re-insert the catheter and give you the supplies you will need. If the catheter comes out, gently try to re-insert it as directed. Do not force the catheter in. Secure the catheter in place with tape.
- If the dressing comes off, replace it with the supplies you were given.

### On the 1<sup>st</sup> or 2<sup>nd</sup> clinic visit after surgery

- The dressing and catheter will be removed.
- You will be shown how to insert the catheter and have the chance to try this.
- The NP will teach you how to make normal saline, use the gravity flow bag, give the enemas, and clean the bag and catheter for reuse.
- You will be given start-up supplies.

### Checklist for starting MACE enemas at home

- \_\_\_\_\_ Supplies: 2 gravity flow bags, catheters, lubricant, 2 x 2 gauze, tape
- \_\_\_\_\_ Saline recipe
- \_\_\_\_\_ Able to insert catheter into MACE track
- \_\_\_\_\_ Able to describe how to set up for MACE using gravity flow bag
- \_\_\_\_\_ Follow-up arranged
- \_\_\_\_\_ HNHB LHIN referral (formerly CCAC)

**Start by giving \_\_\_\_\_ ml saline  
every \_\_\_\_\_ days.**

### Follow-up visit #1

\_\_\_\_\_

### Follow-up visit #2

\_\_\_\_\_

### Follow up visit #3

\_\_\_\_\_