

## Completing Clinician Aid A Patient Request for Medical Assistance in Dying (MAiD)

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### What is the purpose of this form?

- Completing this form (Clinician Aid A), and giving it to a doctor or nurse practitioner (NP), begins the formal process at HHS to determine a patient's eligibility for MAiD.
- Completing the form does NOT mean patients must go through with MAiD; they can change their mind at any point.

### When should this form be completed?

- The form may only be completed after the patient has been told that their condition is "grievous and irremediable," as defined by federal law.
- The health care team should explore the patient's goals of care and the treatment options including the option of palliative care.
- MAiD cannot be done as an emergency procedure. The process of qualifying for MAiD generally takes a minimum of 12 days. The request form should be completed as soon as the patient decides their suffering is intolerable (or soon to become intolerable) and they wish to explore MAiD as an option.

### Who needs to complete the form?

- The patient is expected to complete the form themselves. If they physically cannot complete the form, a third party can assist them but the patient must be capable of understanding the purpose of the form and agree to its completion.
- Two independent witnesses must observe the patient signing the form: the patient and witnesses must sign the form on the same date. The patient's health care team can help the patient to identify independent witnesses, if needed.

### What to do with the completed form?

- The request form must be delivered to a doctor or NP in the patient's circle of care. This may be a family doctor, a specialist, or a doctor or NP caring for a patient in hospital.
- HHS doctors or NPs who receive a request form, must contact the Assisted Dying Resource and Assessment Service (ADRAS) team at [adras@hhsc.ca](mailto:adras@hhsc.ca) to start the process of determining the patient's eligibility for MAiD.
- The request form must be placed in the patient's health record.