

Welcome to the Adult Medical Day Care (MDC) Clinic at McMaster

Location:	MDC is located in the Boris Clinic on the 4 th floor (yellow section) McMaster University Medical Centre 1200 Main Street West, Hamilton
Hours:	Monday to Friday, 8 am to 3:45 pm Closed weekends and statutory holidays

What we do

- We provide adult medical treatments such as blood transfusions, intravenous (IV) medication and phlebotomies (treatments that remove blood).
- The health care team in the MDC includes doctors, registered nurses, registered practical nurses and business clerks.

What to bring to each MDC visit

- Your Health Card. We accept an Ontario Health Insurance Program (OHIP) card, Interim Federal Health Program (IFH) card, or University Health Insurance Program (UHIP) card.
- All medications you take regularly in their pharmacy containers. Include prescription and non-prescription medications, inhalers, creams, vitamins and supplements, and herbal or natural products.
- Personal information. We will confirm your address and phone number at each visit.
- Food and drinks.
- Material to help you pass the time such as a book or a laptop. There are DVD players available and a limited selection of movies. If you wish to watch DVD's, please bring your own earphones and movies. Wireless internet access to our i-Visitor network is available for a fee.



We are a fragrance restricted hospital.

Many of our staff and patients have asthma and other allergies. Please do not wear perfume, cologne, aftershave, scented hair spray or other scented products.

What to expect at MDC

- When you enter the MDC, please check in at the MDC reception desk. You will be registered into the computer and taken to your seat.
- The MDC is a large open area with 17 chairs.
- Depending on your treatment, you may be here for 1 to 8 hours.
- During your treatment, the nurses will closely watch you, and provide information and support.
- We will encourage you to be involved in your care. We welcome your questions at any time.

Information about your appointments

**To schedule or cancel an appointment call the MDC
at 905-521-2100, ext. 75250.**

- Your appointments may be scheduled at any time throughout the day.
 - Please arrive on time for your scheduled appointment.
 - If you arrive early, we will ask you to wait until your scheduled appointment time.
 - If you arrive late, we may have to reschedule your visit. We are not able to accommodate unscheduled visits.
 - Your appointment is scheduled depending on the length of your treatment and how busy the MDC is on that day.
 - We try our best to keep your wait time as short as possible.
 - **If you are unable to keep your appointment or need to cancel,** please call the business clerk in the MDC as soon as possible.
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After your treatment at MDC

- Before you leave we want to make sure you know what to do when you go home. Your nurse will provide instructions on how to care for yourself at home.
- If you need a follow-up appointment, make this appointment with the business clerk at the reception desk before leaving MDC.

It is your responsibility to schedule your next appointment(s) in MDC and follow-up appointments with your doctor.



- Please review with your doctor whether you need new treatment orders or lab work requisitions as this will allow for better flow and consistency in your treatments.
- If you are not sure when to book your appointments please talk to the staff in MDC.

Where to get help

For non-urgent questions or concerns:	
Call your family doctor or Telehealth Ontario at 1-866-797-0000	
For urgent health concerns go to an Urgent Care Centre:	
Main Street West Urgent Care Centre 690 Main Street West, Hamilton 905-521-2100, ext. 72000	St. Joseph's Healthcare Centre for Ambulatory Care 2757 King Street East, Hamilton 905-573-7777
For emergencies, call 911 or go to a hospital Emergency Department:	
Juravinski Hospital and Cancer Centre 711 Concession Street, Hamilton	Hamilton General Hospital 237 Barton Street East, Hamilton
St. Joseph's Healthcare Hamilton 50 Charlton Avenue West, Hamilton	McMaster Children's Hospital (for children 17 years and under) 1200 Main Street West, Hamilton

Notes and questions


