

# Malignant Hyperthermia

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Malignant Hyperthermia (MH) is an inherited muscle condition. MH runs in families. If a family member has MH then you are at risk to have MH. MH can happen in response to certain anesthetic drugs. These are drugs that are used to put you to sleep during surgery.

## If I am at risk for Malignant Hyperthermia, what will happen when I go for my surgery?

The Anesthesiologist will give different drugs to you while you are in surgery. After your surgery you will be closely watched in the Post Anesthesia Care Unit (PACU) for 2 hours.

If you are going home the same day of your surgery, you will be watched closely in the Same Day Surgery Unit (SDS) for 2 hours.

### What should I watch for at home over the next 24 hours?

For the next 24 hours, watch for:

- ✓ severe muscle cramping
- ✓ brown coloured urine
- ✓ high fever

If you have any of these problems, go to the nearest Emergency Department.

Tell the emergency doctor that you are MH susceptible and that you just had surgery.

## For more information

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