

# Meal Support Services

## Modified Diets

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### **Meals on Wheels**

905-522-1022

- Pureed, chopped or minced entrees are available to purchase. Availability depends on the location. Call to ask.
- Hot lunches delivered Monday to Friday.
- Frozen meals are available.

### **Heart to Home Meals**

Available throughout Ontario.

Toll Free: 1-800-786-6113

Hamilton: Nadia Dal Bello

1-855-740-8080

[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

### **Hauser's Pharmacy**

Visit or call to purchase pureed meals.

1200 Fourth Avenue

St. Catharines, Ontario

905-686-3030

*“Where can I buy pureed,  
chopped or minced entrees?”*