



Patient Education

Meal Support Services

Nutrition Information

“Eat Right Ontario”

Speak with a Registered Dietitian
(Free)

1-877-510-5102

www.eatrightontario.ca

Dietitians of Canada

www.dietitians.ca

Health Canada

“Food and Nutrition”

www.hc-sc.gc.ca

Office of Nutrition Policy and Promotion

Health Canada

Tower A, Qualicum Towers

2936 Baseline Road, 3rd Floor

A.L. 3303D

Ottawa, Ontario

K1A 0K9

E-mail: nutrition@hc-sc.gc.ca

613-957-8329

City of Hamilton

Public Health & Community Services Department

1 Hughson Street North

4th Floor

Hamilton, Ontario

L8R 3L5

905-546-3500

<http://www.hamilton.ca/healthandsocialservices/publichealth>

“Where can I get current nutrition information?”