

Medication Information

Metformin (Met – for – minn)

Other names for this medication

Glucophage[®]

Glumetza[®]

Janumet[®] contains sitagliptin and metformin

Jentaduetto[®] also contains linagliptin and metformin

There are many other names for this medication.

How this medication is used

This medication is used to treat Type 2 diabetes. It lowers the amount of sugar in your blood by helping your own insulin work better.

This medication is not insulin.

How to take this medication

Take this medication exactly as directed by your health care provider or diabetes care provider.

It is best to take this medication with food or right after a meal.

How to take this medication (continued)

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

This medication works better when you follow a diet and exercise program. Your health care provider or diabetes care provider may ask you to test your blood sugar while you are taking this medication.

Check with your health care provider or pharmacist before you take over-the-counter medications.

While taking this medication you may notice

- diarrhea
- loss of appetite
- nausea and vomiting
- heartburn
- headache
- dizziness
- a salty, metallic or unusual taste in your mouth

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

If these problems do not go away, contact your health care provider or diabetes care provider for other options.

Discuss a plan to manage low blood sugar and sick days with your health care provider.

Medical alert information

When you have diabetes, wear or carry a Medic Alert® identification.