

Instructions for Methotrexate injections

Methotrexate can be easily injected by you or your family members. The injections are only given once a week, like the tablets.

How do I store Methotrexate?

- Methotrexate for injections is a clear, yellow liquid. It comes in a vial that holds more than one dose.
- **Unopened vials** of Methotrexate should be stored at room temperature and protected from light, by keeping them in a cupboard or drawer.
- **An opened vial** of Methotrexate can safely last for 4 weeks if it is stored in the refrigerator and protected from light, by keeping it in a container.
- This medication is for your use only. Keep Methotrexate away from babies, children, and women who are pregnant or breastfeeding. Methotrexate may cause unwanted side effects if it is taken by accident.

How much Methotrexate do I give?

- Use this chart to find out the amount of Methotrexate to inject.

Methotrexate dose	Amount to draw up in 1mL syringe	Amount to draw up in 100U insulin syringe	Number of doses in each vial
7.5 mg	0.3 mL	30 U	5
10 mg	0.4 mL	40 U	5
12.5 mg	0.5 mL	50 U	4
15 mg	0.6 mL	60 U	3
17.5 mg	0.7 mL	70 U	2
20 mg	0.8 mL	80 U	2
22.5 mg	0.9 mL	90 U	2
25 mg	1.0 mL	100 U	2

How do I clean up after a Methotrexate injection?

Anything that has touched Methotrexate liquid must be carefully cleaned or thrown away.

- After giving the injection, put the syringe and needle in the sharps container provided by the pharmacy.
- Wipe up any spilled Methotrexate very carefully with a paper towel to make sure none is left behind.
- Wipe the work space with a damp paper towel.
- Throw out the paper towel in the garbage.
- Put empty Methotrexate vials in the sharps container.