

Medication Information

Metoclopramide (Met – oh – kloe – pram – ide)

Other names for this medication

Maxeran[®]

Reglan[®]

There are many other names for this medication.

How this medication is used

This medication helps to relieve bloating, nausea and vomiting.
It makes your stomach empty faster.

How to take this medication

Take this medication exactly as directed by your health care provider.

This medication is usually taken 3 to 4 times a day. It works best if taken 15 to 30 minutes before eating a meal and at bedtime.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

While taking this medication you may notice

- diarrhea
- drowsiness
- dizziness
- restlessness
- dry mouth
- trouble sleeping

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

This medication can make you feel drowsy. Until you know how this medication affects you, do not drive or operate machinery.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

Contact your health care provider if you notice

- swelling of your legs, ankles and feet
- unusual movements of your tongue, jaw, lips, hands, feet
- mood changes
- menstrual changes
- breast changes such as swelling, pain or leaking
- your heartbeat is faster or slower than usual
- severe dizziness or loss of balance