

Medication Information

Mirtazapine (Mir – taz – a – pin)

Other names for this medication

Remeron
Remeron RD

There are many other names for this medication.

How this medication is used

This medication improves mood and treats depression. It helps balance chemicals in the brain.

It may take up to 4 weeks before you get the full effect of this medication.

How to take this medication

Take this medication exactly as directed by your health care provider. Mirtazapine is taken once a day at bedtime.

This medication makes most people very sleepy.

RD-Oral Disintegrating Tablets: With dry hands, carefully remove tablet from foil package. Place tablet on tongue right away. Allow tablet to dissolve. Swallow with or without water.

If you miss a dose of this medication by less than 3 hours, take the dose right away. Then take your next dose at your regular time.

If you miss a dose by more than 3 hours, skip the missed dose. Take your next dose at your regular time the next day.

How to take this medication (continued)

This medication does not mix well with alcohol in the body. Do not drink alcohol such as beer, wine or liquor while taking this medication.

Until you know how this medication makes you feel, do not drive or operate machinery.

Avoid taking herbal products such as St. John's Wart if you take this medication. Talk to your health care provider.

If you are pregnant or thinking about getting pregnant, talk to your health care provider about the risks and benefits of taking this medication.

Do not stop taking this medication without talking to your health care provider first.

While taking this medication you may notice

- dizziness, weakness
- vivid dreams
- constipation
- dry mouth
- increased appetite
- weight gain

Many of these effects will go away as your body gets used to the medication. If not, contact your health care provider.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking on ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

Contact your health care provider if you notice

- restless and excited feelings
- you feel less interested or able to have sex
- behavioural or emotional changes, including thoughts of self-harm or suicide