

Novasure

What to do when you go home

After your procedure

- You will be able to go home within 45 after the procedure.
- An adult needs to take you home.
- Rest when you get home.
- Most women return to their normal activities in 1 to 2 days.
- You will have a small amount of bloody, watery discharge for up to 6 weeks. This is a normal part of healing. It takes about 12 weeks for the best results from the procedure. You could still have a period or light bleeding during this time frame.
- Cramping is normal, to relieve cramping take ibuprofen (Advil) or naproxen (Aleve) as instructed.
- You may have some nausea.
- No sex until the discharge is gone (at least 2 to 3 weeks).