

Questions to ask the Nurse

Movement Disorders Clinic

You may find it helpful to talk to the nurse who works with the Movement Disorder doctors about your Parkinson's. The nurse provides education and support for people and their families living with Parkinson's. She can answer your concerns before or after your appointment in the clinic and give you written information to help you manage your Parkinson's.

Some questions you may have:

- What is Parkinson's disease and its symptoms?
- What strategies are helpful to manage my symptoms?
- How do I manage my medications and their possible side effects?
- How do I teach my other health care providers about my Parkinson's?
- Can I be referred to other services such as physiotherapy to help me manage? How does this happen?
- What information is available about local support groups for patients and their families?

When is the nurse available?

The nurse is available to speak with you on Wednesdays and Thursdays between 8:30 and 4:00 pm.

Phone: 521-2100, ext. 46790 -- **Do not** leave urgent messages.

What if I need help right away?

If you need to see a doctor right away, go to the Emergency Department.

What if I need to change my appointment or need a repeat on my prescription?

If you need to change your appointment with your neurologist, please call their office.

For repeats on prescriptions, ask your pharmacy to call or fax your neurologist. Give at least 48 hours' notice or ask for a repeat at your next clinic appointment.

Other questions or concerns


