

**Your POCCT Appointment is scheduled for:**

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

## Planning for your child's surgery

### What is a POCCT appointment?

- Your child will be having surgery soon. To meet your child's complex medical needs, the Pre Operative Complex Care Team (POCCT) needs to make special plans for your child's care after surgery.
- Our team will make these plans with you at your POCCT appointment.
- POCCT appointments are made on the 2nd Thursday of each month. We see 2 children each day.

### What to bring to your POCCT appointment:

- ✓ Bring all the medications that your child is taking. This includes prescription and non-prescription medications, vitamins, supplements and herbal products.
- ✓ Bring any details of your child's feedings and routines that will help us plan their care in hospital.

### What happens at the POCCT appointment?

- You and your child will meet with several members of our team for about an hour. Depending on your child's needs, you may meet these team members:
  - Surgeon
  - Complex Care Team doctor
  - Registered Dietitian
  - Pharmacist
  - Physiotherapist
  - Occupational Therapist
  - Staff from the Pediatric Intensive Care Unit (PICU)
  - Staff from the Surgical Unit (3Y1)
- We will ask questions to learn about your child. This information helps us prepare for your child's hospital stay.
- We welcome your questions. It may help to write down your questions and concerns and bring them to your appointment.
- After this meeting, an Anesthetist will meet with you to plan your child's anesthetic and pain relief after surgery. The length of this meeting will depend on your child's needs.

**We look forward to meeting you and caring for your child**