

Working with families to reduce the risk for falls

Ask us ...

Person

1. Ask if your family member is at risk for having a fall and the reason (s) why.
2. Ask what safety measures are in place to reduce the risk of your family member falling.
3. Ask how you can help to keep your family member safe.

Let us know ...

Be an extra pair of eyes

4. Let us know if your family member is unsteady when walking or tries to climb out of bed.
5. If you are worried about another patient's safety, let us know.
6. Let us know if the chair or bed alarm of your family member or of another patient is alarming.

Look around ...

Environment

7. Tell us about any spills or water on the floor.
8. Watch for tripping hazards and report them to staff.
9. Before you leave, make sure your family member has everything that they may need within their reach.

Check with us ...

Equipment

10. Ask about safety plans in place to keep your family member safe (such as seatbelts, alarms, bedrails and bed height). Check with staff before making any adjustments.