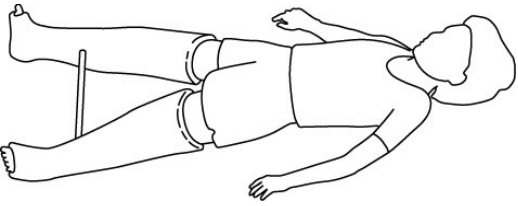
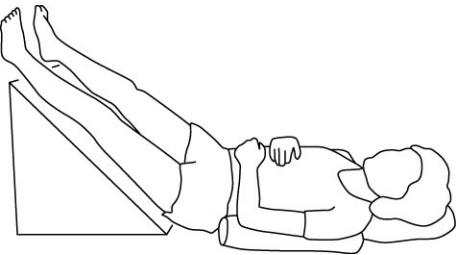
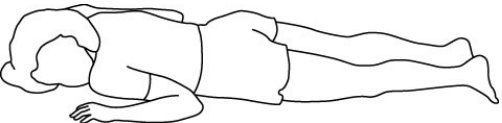
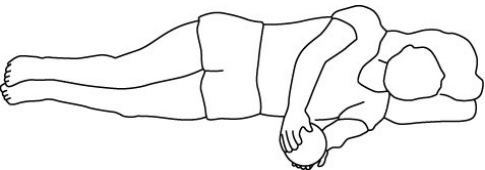

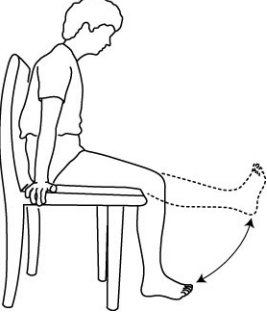





Positioning

Posture and positions after orthopedic surgery

Position	Date and Instructions
<p data-bbox="186 562 532 598">Lying on your back</p> 	
<p data-bbox="186 863 581 898">Lying with legs raised</p> 	
<p data-bbox="186 1218 506 1253">Lying on stomach</p> 	
<p data-bbox="186 1549 521 1585">Lying on your side</p> 	

Position	Date and Instructions
<p>Sitting with straight legs</p> 	
<p>Sitting with knees bent</p> 	
<p>Reclined seating</p> 	
<p>Standing</p> 