

# **Medication Information**

## **Pyridoxine**

**(Pie – rih – dox – een)**

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### **Other names for this medication**

Vitamin B6

### **How this medication is used**

This medication is a vitamin your body needs to help you use energy from the food you eat. It is needed to produce red blood cells and for proper nerve function.

This medication is used to prevent or treat a deficiency in Vitamin B6 which may be caused by poor diet, certain medications and some medical conditions.

### **How to take this medication**

Take this medication exactly as directed by your doctor. It must be taken regularly, even if you feel well.

Do not stop taking this medication without checking with your doctor first.

Tell your doctor about any medications you take, even the ones you buy without a prescription. Tell your doctor if you are taking levodopa. If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular times. Do not take 2 doses at one time.

**While taking this medication you may notice**

- nausea
- headache
- feeling very tired

**Contact your doctor if you notice**

- numbness, tingling, burning in hands