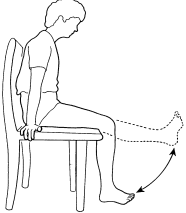
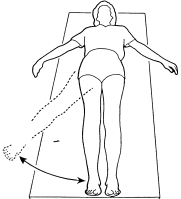
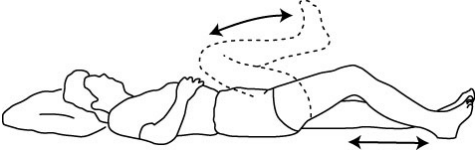
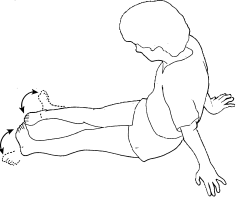
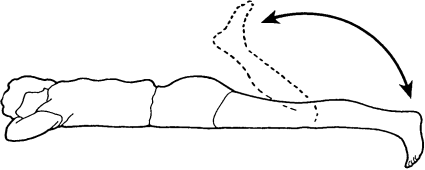


Range of motion

Moving after orthopedic surgery

Movement	Date and Instructions
<p>Bending the knee (sitting)</p> 	
<p>Moving the hip to the side</p> 	
<p>Bending the hip and knee</p> 	
<p>Turning the hip</p> 	
<p>Bending the knee (lying on stomach)</p> 	

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