

Cleaning your skin before surgery

Important!

Clean skin helps prevent infections after surgery!

The day before your surgery:

- Have clean towels, sheets, pyjamas, underwear and clothes ready.

The night before your surgery:

- Have a bath or shower. Wash your skin with soap and water. Wash your hair with shampoo.
- Do not put any cream, lotion or powder on your skin after the bath or shower. Put on clean underwear and pyjamas. Put clean sheets on your bed.
- Try to stay as clean as possible.

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