

Social Workers at the hospital

Social Workers are health professionals that can help you and your family address the changes and challenges you may face during illness or treatment.



How Social Workers help

Social Workers help patients, families and others with the social, emotional and financial aspects of life. This may involve helping them adjust to the impact of illness, treatment, recovery, disability or loss.

Each person or family has different needs. A Social Worker works with you to determine what support and services you need.

A Social Worker can help you or your family to:

- assess the social and emotional aspects of a person's life
- provide emotional support
- help communicate effectively with the health care team
- help plan a patient's discharge from the hospital
- help to find resources and services in your community
- help address financial concerns
- provide counselling and therapy to a person or group facing a crisis, grief, mental health or relationship problems

How to reach a Social Worker

Social Workers are available in all areas of Hamilton Health Sciences. If you, your family or someone close to you would like to speak with a Social Worker, please call the number below or ask a member of your health care team.

Social Worker: _____ ext. _____