McMaster Children's Hospital

Spina Bifida Clinic

Fast Facts

Fast Facts help us quickly address your needs at this visit

What are your top 3 concerns with your bowels and bladder?

1. _____

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2. _____

_____

3. _____

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What medications are you taking?

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Do you use the toilet? How often do you use a catheter?

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Do you have dribbling, leaking or wetting during the day or night?

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How often do you poop? How big is it? Is it soft or hard?

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Do your bowels and bladder affect how you feel about yourself? Do they affect what activities you choose to do at home or at school or with friends?

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Has anything changed with your bathroom activities since we last saw you?

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Is there anything else you would like to share with us today?

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