

## **Strabismus Surgery – Adults**

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### **What is strabismus surgery?**

You have an eye condition called strabismus. To correct this condition, surgery is done on your eye muscles to straighten the eyes. You will be given a general anesthetic so that you will be asleep during surgery.

After surgery, you will go to the Post Anesthetic Care Unit (PACU) and stay there until awake. When awake you will return to Same Day Surgery (SDS). If you need an eye adjustment after surgery, you may need to stay in SDS until late afternoon or early evening. Some patients may have an eye adjustment the next day in their surgeon's office.

### **Eye drops and pain medication**

You will be given a prescription from your surgeon for eye drops. The drops contain a steroid to reduce swelling and an antibiotic to prevent infection. You will need to use the eye drops after surgery.

Take Tylenol (acetaminophen) for pain or discomfort.

### **Activity**

- No swimming for 4 weeks.
- Avoid activities where you might get dust particles in your eyes.
- Talk with your doctor about when you can return to your normal activities.
- Eat your normal diet. Drink lots of fluids.

## **What to expect after surgery**

### **Your eyes**

- Your eyes may feel gritty for a few days because of the stitches. If possible, try not to rub your eyes.
- Stitches will dissolve within a few weeks.
- The whites of your eyes will look red (blood shot). Your eyes will look swollen.
- You may have blood-tinged tears at first, but any bleeding will be minimal.
- Your eyes may be sensitive to light for a few days. Bring sunglasses to wear home.
- Patching of the eyes is not usually done.
- Bathe as usual, but cover your eyes for hair washing.

## **When do I need to get medical help?**

### **Go to the Emergency Department or Urgent Care:**

- if you notice increasing pain, swelling, redness, or discharge from the eyes.
- If you have a fever of 38°C (100°F) or higher.