

Stroke Prevention Clinic

Hamilton General Hospital

You have been referred to the Stroke Prevention Clinic at the Hamilton General Hospital because you may have had a stroke or a transient ischemic attack (TIA), also called a mini stroke.

It is important that you are seen in this clinic for early assessment and possible treatment. This handout will help you prepare for your appointment.

Booking an appointment

You may receive an appointment to the Stroke Prevention Clinic while you are in the Emergency Department. If not, we will contact you directly with an appointment. If you have not heard from the clinic within 1 business day or if you have any questions, please contact us at 905-521-2100, ext. 44713.

Where is the Stroke Prevention Clinic?

The Stroke Prevention Clinic is located at the Hamilton General Hospital in the East Wing, Level 2, beside the East Wing elevators.

If you are coming from the MAIN entrance on Barton Street, take the ramp to the right of the coffee shop and go through the door at the top. Stay to the right and go through a second door. The clinic is just past the elevators.

If you are coming in from the Level F parking ramp, turn left at the end of the ramp. The clinic is just past the elevators.

See the back page for a map, directions and contact information for the Stroke Prevention Clinic at the Hamilton General Hospital.

What is a Stroke?

A stroke happens when blood stops flowing to any part of your brain, damaging brain cells. It is caused by a blockage of blood flow to the brain or the rupture of blood vessels in the brain. The effects of a stroke depend on the part of the brain that was damaged and the amount of damage done.

Transient Ischemic Attack (TIA)

A TIA is caused by a small clot that briefly blocks an artery in the brain. It is sometimes called a mini-stroke or warning stroke. The symptoms of a TIA are similar to a stroke. No lasting damage occurs, but TIAs are an important warning that a more serious stroke may occur soon.

Preparing for your appointment

- You are encouraged to bring a family member or friend to your appointment.
- Please bring an adult interpreter with you if English is not your first language.
- Bring your health card.
- Plan to be at the clinic for 2 to 3 hours. Please arrive 10 minutes before your appointment to register at the clinic.
- The clinic is wheelchair accessible.
- The clinic will send a report of your visit to your family doctor.



IMPORTANT

Bring all of your medications, vitamins and herbal remedies in their original containers to your appointment at the Stroke Prevention Clinic, Hamilton General Hospital.

What to expect at the Stroke Prevention Clinic

- You will meet with a doctor and nurse who specialize in stroke prevention care.
- The doctor may order tests to determine the cause of your TIA or stroke. These tests will help you and your doctor determine the best way to prevent a stroke from happening in the future.

What to do in the meantime...

- Do not drive any type of vehicle until you have been advised to do so by your doctor or the specialist at the Stroke Prevention Clinic at the Hamilton General Hospital.
- Your doctor may give you medications to help prevent a stroke. It is important that you take your medications as prescribed.
- The Stroke Prevention Clinic at the Hamilton General Hospital is an outpatient clinic and does not replace an Emergency Department. If you have signs or symptoms of a stroke, call 911 right away.

Learn the
signs of stroke

Face is it drooping?
Arms can you raise both?
Speech is it slurred or jumbled?
Time to call 9-1-1 right away.

Act **F A S T** because the quicker
you act, the more of the person you save.

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please turn over →

Stroke Prevention Clinic

Hamilton General Hospital

237 Barton Street East, Hamilton, Ontario

Level 2, East Wing

Telephone: 905-521-2100, ext. 44713

Level 2 Map



Stroke Prevention Clinic
East Wing "E",
Level 2 beside
the East Wing
elevators.

Sections:	Legend:
A [Main]	? Information
B [Rehab]	W Wheelchair Access
C [Research]	W Washrooms
E [East]	E Elevators
M [McMaster]	S Stairs
N [North]	C Coffee Shop
S [South]	G Gift Shop
W [West]	G Gift Shop
D [Interns' Residence]	P Parking