

# **Going home after a Tilt Table Test Hamilton General Hospital**

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## **How will I feel after the test?**

It is normal to feel tired.

## **When can I eat and drink?**

Eat a healthy meal as soon as you can.

Drink 8 to 10 cups (2 to 2½ litres) of fluids such as juice and water.

## **What are the signs of infection from my intravenous (IV) site?**

If your IV site becomes red, tender, hard or has drainage from it, contact your family doctor right away or go to the Emergency Department.

It is normal to have bruising around the IV site. The bruising can take up to 2 weeks to go away. The bruising will change colour.

## **Can I drive home after the test?**

No. You will need to have someone drive you home from the hospital. You can drive the next day if your vision has returned to normal and you are no longer dizzy, tired or feeling unwell. This does not apply to people who have lost their license to drive.

## **Follow up**

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