

Going home after a Tilt Table Test with Atropine

Hamilton General Hospital

We have given you a medication called Atropine.

This medication will:

- Make your pupils dilated and make you very sensitive to light. You may need to wear sunglasses when outside. You may have trouble reading.
- Make you less able to determine distances. **Do not drive today.**
- Make you feel dizzy when you stand and walk.
- Make you have a dry mouth. This will make swallowing difficult.
Drink 8 to 10 cups (2 to 2½ litres) of fluids such as water, soups, juice and milkshakes.

The effects of Atropine will last 5 or 6 hours.

How will I feel after the test?

It is normal to feel tired.

When can I eat ?

Eat a healthy meal as soon as you can.

What are the signs of infection from my intravenous (IV) site?

If your IV site becomes red, tender, hard or has drainage from it, contact your family doctor right away or go the Emergency Department.

It is normal to have bruising around the IV site. The bruising can take up to 2 weeks to go away. The bruising will change colour.

Can I drive home after the test?

No. You will need to have someone drive you home from the hospital. You can drive the next day if your vision has returned to normal and you are no longer dizzy, tired or feeling unwell. This does not apply to people who have lost their license to drive.

Follow up
