

# Toenail removal

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## After your procedure:

- Take your pain medication prescription to a pharmacy right after your procedure. Take the medication when you get home before the freezing wears off and as your doctor told you. It is also a good idea to take the pain medication, about a ½ hour, before the dressing change.
- Limit activities which cause you discomfort or pain.
- Keep your foot elevated or up as much as possible for 24 to 48 hours.

## How to care for your dressing

- Keep your dressing on and dry for 24 hours after surgery.
- You should expect bleeding to occur after surgery. You may need to add more dressings.
- Home care or a follow-up appointment will be arranged before you leave.

Go to an Emergency Room or call your surgeon if you notice:

- the bleeding does not decrease after 12 hours
  - increase swelling
  - increase pain
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**Follow-up visit/special instructions**

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