

Transrectal Ultrasound with Biopsy (TRUS)

Name: _____

Patient ID number: _____

Your procedure is in Diagnostic Imaging at the Juravinski
Hospital on:

Date _____ Time _____

Please arrive to your appointment 15 minutes earlier than the appointment time.

Please bring:

- your health card with you
- a list of your current medications
- medications that you will need to take during your appointment

Where to go:

Diagnostic Imaging-Ultrasound Department
Juravinski Hospital – Entrance A
Level 1 – Section B

Preparing for the procedure

Pain, anti-inflammatory and arthritic medications

- All aspirin and anti-inflammatory medications such as Ibuprofen, Advil, Motrin or Aleve should be stopped 10 days before your procedure, or as instructed by your doctor. These medications may increase your risk of bleeding.
- You may take acetaminophen (Tylenol).
- Please talk with your pharmacist or doctor if you have any questions about your medication.

Blood thinners

If you take blood thinners such as warfarin (Coumadin), Lovenox, Heparin, Plavix or Fragmin please contact your clinic doctor or nurse for instructions. A blood test may need to be done one day before the procedure.

Before your procedure

- Eat your regular diet before the procedure.
- On the day before the exam, you must take a mild laxative. This will clean out your bowels. We recommend you take 1 to 2 Dulcolax tablets at 4:00 pm the day before the procedure. You can buy Dulcolax at a pharmacy without a prescription.

Antibiotics

- You will need to take antibiotics before and after the biopsy. This is to prevent an infection. You will be given an antibiotic prescription to take by mouth for 3 days; before, the day of and after the procedure. Please follow the specific instructions on your prescription.
- You may be given a needle in the muscle with an antibiotic called Gentamycin. Your doctor will discuss this with you.

After the procedure

- Please follow any specific instructions provided by the doctor who did your procedure.
- If needed, take an over-the-counter pain medication such as Tylenol. Do not take aspirin or anti-inflammatory medication such as Ibuprofen, Advil, Motrin or Aleve.
- Take all of the antibiotics as told to you by your doctor.
- Drink plenty of fluids.
- Do not do strenuous exercises for a week.

What to watch for

- You may have blood in your urine from your rectum for up to 2 weeks.
- You may also have blood in your ejaculate or semen for up to 2 months.
- This blood goes from a pinkish colour to brown.

Call your doctor if you:

- Have large amounts of bright red blood in your urine or from your penis or rectum.
- Are not able to urinate.
- Have a fever and/or chills.
- Have increasing pain in the lower part of your abdomen.

Results

Your doctor will obtain the results about 10 to 14 days after the procedure. Your follow-up appointment will be made when the results are known.

If you need to change your appointment, please call 905-387-9711:

<input type="checkbox"/> Clinic A – ext. 63510	<input type="checkbox"/> Clinic D – ext. 63541
<input type="checkbox"/> Clinic B – ext. 63520	<input type="checkbox"/> Clinic E – ext. 63649
<input type="checkbox"/> Clinic C – ext. 63530	<input type="checkbox"/> Clinic F – ext. 63561