

Flushing/capping your Tunneled Catheter

Supplies

- alcohol wipes/antiseptic swabs
- end caps
- clean towel
- garbage bag
- syringes with normal saline
- gloves – gloves are worn if you have a cut, a rash or an infection on your hands

Getting ready

1. Remove clothes that get in the way of flushing your catheter.
2. Wash your hands.
3. Put your supplies on a clean towel.

Preparing the flush

1. Pick up the prefilled syringes and loosen the end cover.
2. Remove the air from the syringe as taught.
3. Put the prefilled syringes on the towel and open up the packages with the caps. Leave the caps in the package and place on towel.

Be careful not to touch the end of the syringe.

Capping off

1. Turn off pump or IV.
2. Clamp the catheter.
3. Put on gloves if needed.
4. Clean the connections between the IV tubing and the catheter with an alcohol wipe/antiseptic swab. Rub well with friction for 15 seconds. Allow to dry.
5. Disconnect the IV tubing from the catheter. If you need to use the IV tubing again keep it sterile by putting a new end cap at the end of the tubing.
6. Flush the catheter with prefilled syringes using the stop/start method.
7. Attach a new end cap.
8. Secure catheter as taught.