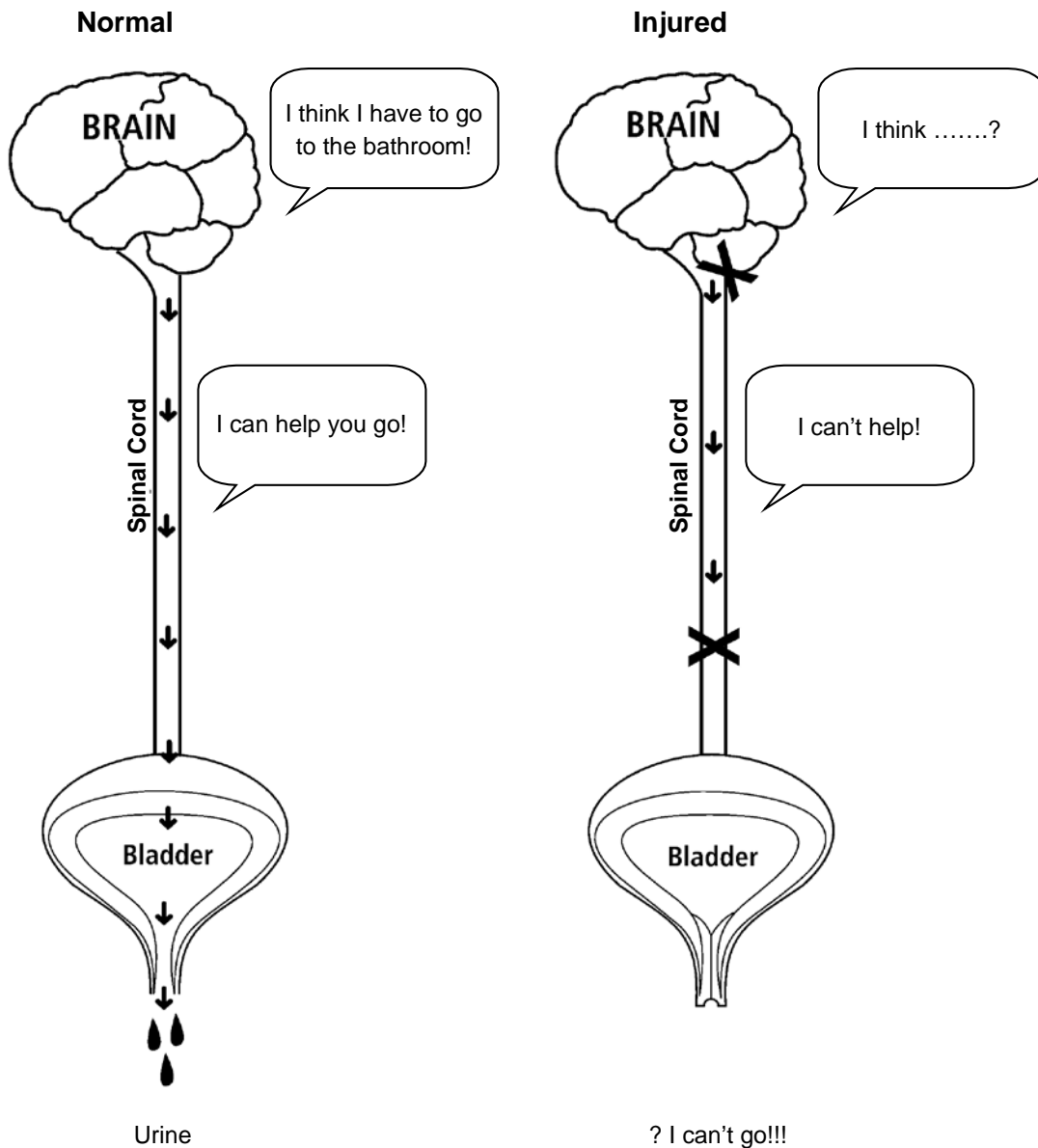


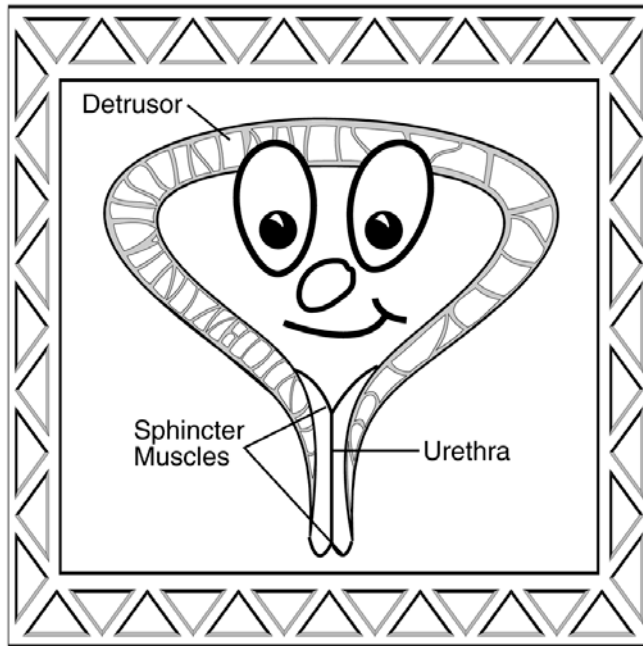
Urodynamics

Learning about your bladder

When you eat and drink, your body absorbs fluids. The kidneys filter out the waste products and make the urine which is stored in the bladder. Injury to the spinal cord or to the brain can cause bladder control problems.



The bladder



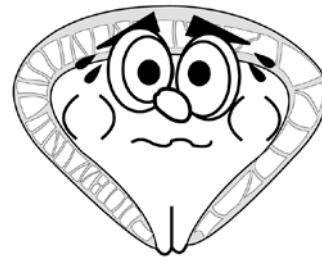
You may have any one of these bladder problems



**sleepy
or
neurogenic**



**leaking
or
incontinent**



**mixed up
or
dysynergia**

What is a urodynamic test?

A urodynamic test is a test to show how your bladder is working.

What is involved with the test?

The test is usually done when you are sitting. A urine tube is put into your bladder. Another small tube is put into your rectum. A nurse will fill your bladder with sterile water.

The urine and rectal tube is hooked up to a computer. The computer will show the pressure inside your bladder when it is being filled, when it is full and when it is emptying.

How do I prepare for the test?

If you can void on your own, come to the test with a comfortably full bladder. That's it!

If you use a catheter to void, keep on your regular schedule. If you are due to use a catheter at the time of your test, you do not have to do it. Your nurse will do it for you during the test.

Does it hurt?

You may feel pressure when the bladder is being filled, but you will not feel any pain.

What happens after the test?

You do not pass or fail this test. The results of the test will help you and your doctor plan your treatment.

Please call us if you have any questions or concerns:

**Ann Hammer, RN
Urodynamics Department
Regional Rehabilitation Centre
Outpatients – First Floor
905-521-2100, extension 40863**

