

# Physiotherapy after surgery

Your surgeon will recommend that you attend your physiotherapy initial assessment 3 to 4 days after your surgery date. Please contact a clinic to book your initial assessment.

**Please book your physiotherapy initial assessment prior to your surgery!**

**\*\*\*Please answer this question before moving forward\*\*\***

**Is this the first time you are having surgery done to replace this joint on this side?**

(Answer Yes or No)

- YES** - Please use section 1 as a guide to booking your physiotherapy appointments in a clinic, as you are a patient enrolled in the Hip and Knee Bundled Care Program.
- NO - I have already had this joint on this side replaced before.** Please turn page over and use Section 2 for a list of clinics in the area you may wish to book with.

## Section 1

As a patient enrolled in the Hip and Knee Bundled Care program, the therapy provided at one of our partnered clinic locations (outlined below) is covered by Hamilton Health Sciences.

	Name	Address	Telephone
<b>Ancaster</b>	Arthritis & Sports Medicine Centre	49 Wilson Street	905-648-6500
<b>Brantford</b>	Mobility Orthopaedic Rehab Centre	270 King George Road	519-304-5767
<b>Burlington</b>	Absolute Physiotherapy & Wellness	1960 Appleby Line	905-631-1500
	Fairview Rehabilitation Centre	2200 Fairview St. Suite 107	905-333-9649
<b>Cambridge</b>	Cambridge Centre for Health & Wellness	350 Conestoga Blvd Unit B4D	519-624-9994
<b>Dundas</b>	Dundas Community Physiotherapy & Rehabilitation	60 Hatt Street	905-627-2700
<b>Georgetown</b>	Restore Physiotherapy	1A Princess Anne Dr. Unit 200	905-702-1840
<b>Hamilton</b>	Performance Physiotherapy	50 Dundurn Street South	905-527-5111
	Upper James Physio	1508 Upper James	905-383-3096
	West End Physio	10 Ewen Road	905-524-2365
<b>North York</b>	Downsview Orthopaedic & Arthritis Centre	806 Wilson Ave	647-748-1005
<b>Oakville</b>	Restore Physiotherapy	461 North Service Road Unit B18-19	905-827-7100
<b>Stoney Creek</b>	Performance Physiotherapy	840 Queenston Road	905-662-8850
<b>Toronto</b>	Go T.O. Physio & Rehab	272 Richmond Street East	416-366-4686

**Note:** Patients may choose to attend other clinics not listed here using their extended health care (private) benefits or on an out-of-pocket basis. Patients may alternatively choose to use the bundled care funding to attend a Community Physiotherapy Clinic that is publicly funded (OHIP Clinic).

*Continued on next side* 

## Section 2

Here is a list of Community Physiotherapy Clinics (OHIP Clinics) in the Greater Hamilton area you may wish to book with.

<b>Community Physiotherapy Clinics (OHIP Clinics)</b>			
	<b>Name</b>	<b>Address</b>	<b>Telephone</b>
<b>Hamilton</b>	Charlton Physiotherapy	230 James Street South, 3rd Floor	905-528-5271
	Hamilton Physio & Rehab	207-200 James Street South	905-529-0521
	Innova Physio & Sports Rehab	303-883 Upper Wentworth	905-389-8772
	LifeMark Physiotherapy - Hamilton Main East	5-1440 Main Street East	905-544-0053
	LifeMark Physiotherapy - Hamilton Mohawk	3-210 Mohawk Road East	905-388-3902
	PT Health - Mountain Physiotherapy	520 Upper Sherman Avenue	905-389-0143
	PT Health - Victoria Physiotherapy	L2 414 Victoria Avenue North	905-525-5572
	West End Physiotherapy Clinic	10 Ewen Road	905-524-2365
<b>Stoney Creek</b>	PT Health - Queenston Physiotherapy	105-15 Mountain Avenue South	905-662-2011
<b>Waterdown</b>	PT Health - Flamborough Physiotherapy	5-80 Hamilton Street North	905-690-1033
<b>Burlington</b>	PT Health - Brant 730 Physiotherapy	2015 Mount Forest Drive	905-632-1734
	PT Health - Drury Lane Physiotherapy	Basement-2250 Fairview Street	289-427-5226
<b>Brantford</b>	CBI Health Centre-Brantford West	325 West Street, Suite 300, Building A	519-756-5450
	Kneaded Care Inc.	102-174 Stanley Street	519-757-1869
	Scott Physiotherapy Clinic	35 Morrell Street	519-759-2155
<b>Caledonia</b>	Haldimand Physiotherapy Centre	41 Caithness Street West, Main Level	905-765-5449
<b>Virgil</b>	Niagara Physiotherapy and Sport Clinic	1517 Niagara Stone Road, Hwy 55	905-468-7979
<b>Welland</b>	Physiotherapy Rehabilitation Centre	17 Vaughan Road	905-788-1985
<b>Dunnville</b>	PT Health - Dunnville Physiotherapy	420 Lock Street	905-424-5168
<b>Fonthill</b>	LifeMark Physiotherapy - Fonthill	6-209 Highway #20 East	905-892-4431
<b>Simcoe</b>	South Coast Physiotherapy	216 West Street, Unit 305	519-428-1234
<b>Port Colborne</b>	The Clinic on Elm	380 Elm Street	905-834-5551
<b>Thorold</b>	Thorold Medical Facilities Ltd.	60 Albert Street West	905-227-5255
<b>St. Catharines</b>	St. Catharines Physiotherapy Centre	4A-145 Carlton Street	905-685-4733
<b>Niagara Falls</b>	T. Mannella Physiotherapy Professional Corporation	B1-4725 Dorchester Road	905-354-0267
<b>Fort Erie</b>	Niagara Health System – Douglas Memorial Hospital	230 Bertie Street	905-378-4647 Ext. 50269

**Note:** Patients may choose to attend other OHIP clinics closer to home not listed here. Patients may also choose to use their extended health care (private) benefits or on an out-of-pocket basis to attend private clinics.