

# **Autologous Transplant Referral at Juravinski Hospital For Patients from Trillium Health Partners**

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This booklet will provide you with some basic information about how care is managed between Trillium Health Partners and the Juravinski Cancer Centre during an autologous stem cell transplant.

## **Appointment at the Juravinski Cancer Centre**

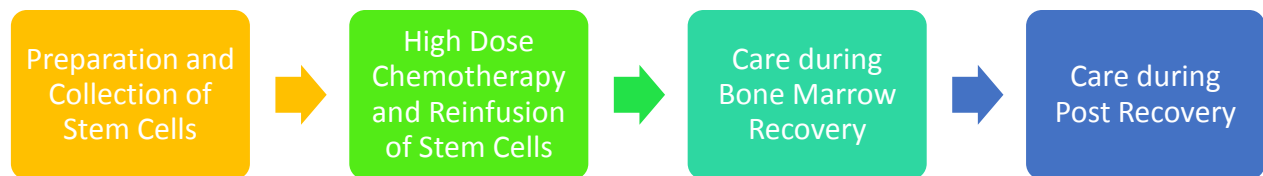
Your Trillium Health Partners physician has referred you to the Juravinski Cancer Centre for consideration of an autologous stem cell transplant. You will be given an appointment at the Juravinski Cancer Centre where you will meet transplant team members including your transplant physician and coordinator.

- Please bring all your medications and your treatment schedule to this appointment.
- Subsequent appointments in Hamilton will be required prior to your transplant.

## Autologous Stem Cell Transplants

For Specific information regarding Autologous Transplants at the Juravinski Hospital, please see the Hamilton Health Sciences website in the “Patient Education Library”. There is a booklet called “Autologous Peripheral Stem Cell Transplant” that contains more information. A copy of this booklet will be provided at your appointment at the Juravinski Cancer Centre.

Autologous stem cell transplant consists of four basic periods of care. This will be discussed in further detail at your appointment. You can find more information about each of these periods of care in the Juravinski Autologous Transplant booklet.



## Ways Autologous Stem Cell Transplants Are Done

There are different ways that a transplant is offered based on factors such as the disease being treated by the transplant. The type of transplant that applies to your situation will be discussed with you by the transplant physician when you come to your appointment at the Juravinski Cancer Centre.

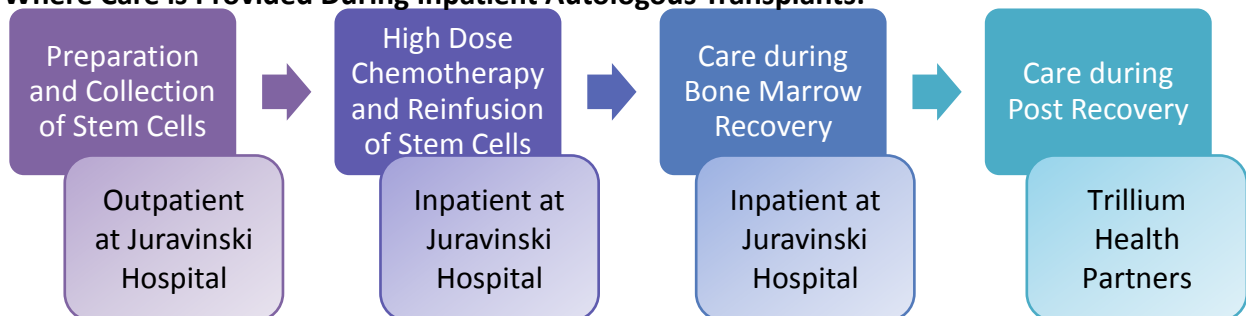
Some potential ways a transplant is offered include:

## Inpatient Transplant

In this situation....

- Your transplant will occur as inpatient at the Juravinski Hospital where you will stay for approximately 2 ½ - 3 weeks.
- During this period of time you will be under the care of your Juravinski transplant team
- Once you have recovered your care will be transferred to your Trillium Health Partners physician

### Where Care is Provided During Inpatient Autologous Transplants:



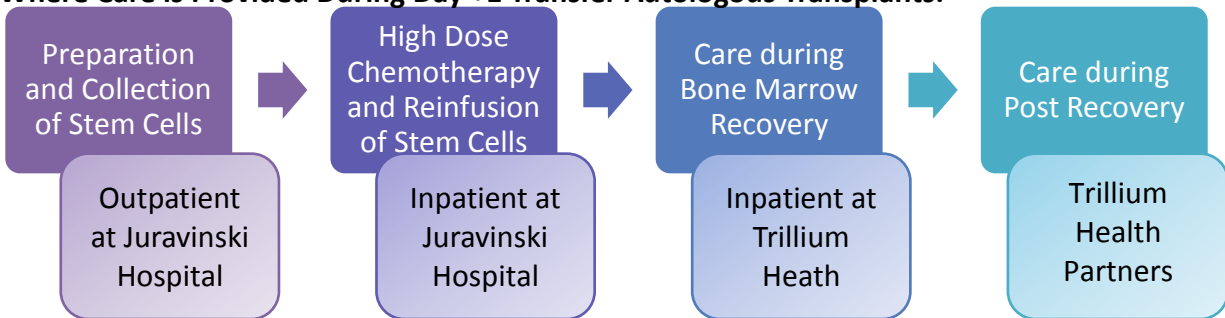
## Day +1 Transfer Transplant

In this situation....

- Your transplant will occur as inpatient at the Juravinski Hospital where you will stay for a few days.
- During this period of time you will be under the care of your Juravinski transplant team

- We will plan for you to be transferred to Trillium Health Partners on the day after the stem cell infusion and your care will be transferred to your Trillium Health Partners physician.

**Where Care is Provided During Day +1 Transfer Autologous Transplants:**

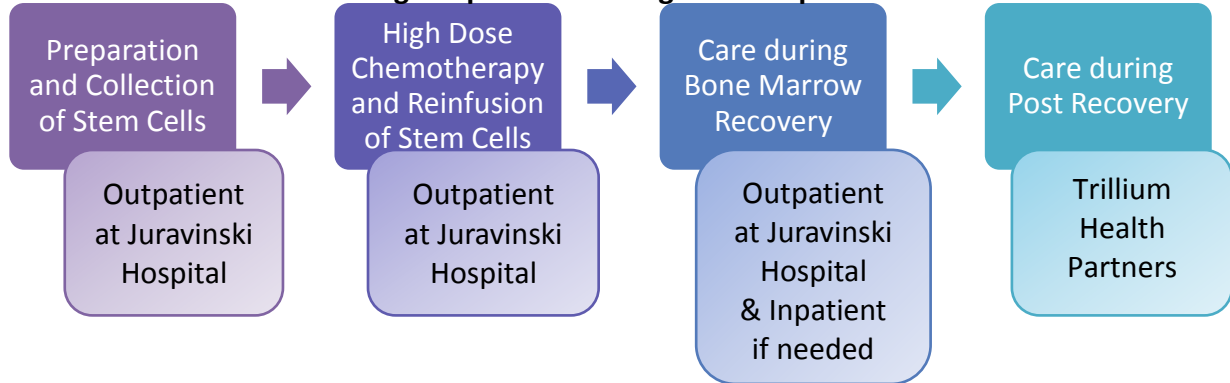


## Outpatient Transplant

In this situation....

- Your transplant will occur as an outpatient at Juravinski Hospital in Oncology Day Services
- You will be required to have a caregiver 24/7 and stay locally for about 2 ½ weeks (there are more details on the next page).
- During this period of time you will be under the care of your Juravinski transplant team
- Once you have recovered your care will be transferred to your Trillium Health Partners physician

#### Where Care is Provided During Outpatient Autologous Transplants:



### Important Things to Consider for Outpatient Transplants

There are some important things to consider for your outpatient autologous stem cell transplant at the Juravinski Hospital in Hamilton

#### *Caregiver:*

- A full-time caregiver is required for transplant patients from day 0 (transplant day) for a minimum of two weeks or until recovery.
- Your caregiver can be one designated person or you may choose to divide this role amongst a few people. Everyone's life circumstances are different therefore please consider what works best for you. An Employment Insurance (EI) "Family Caregiver Leave" is available through the EI Canada website for those who qualify. This is a job protected leave and allows the caregiver(s) up to fifteen weeks away from their job(s).

- Your caregiver will be responsible for daily visits to Oncology Day Service, meal preparation, medication management and day-to-day assistance.

*Accommodation:*

- You and your caregiver will stay at a hotel, Staybridge Suites, located in downtown Hamilton at 20 Caroline St. S.
- Your stay is paid for by Cancer Care Ontario. You will, however, be responsible for daily parking costs (\$12.50 per day plus tax) and meals.
- The room is equipped with a kitchenette and full sized refrigerator. The hotel provides a complimentary breakfast each day and a few light dinners per week.
- There is a high possibility that you will be admitted to hospital during your recovery period. At this time, your caregiver will need to pay the daily accommodation rate (approximately \$140.00 per day) or you could move to the Mark Preece House (approximately \$50.00 per day) if available. Please speak to your Juravinski social worker for more information.

## **Directions and parking**

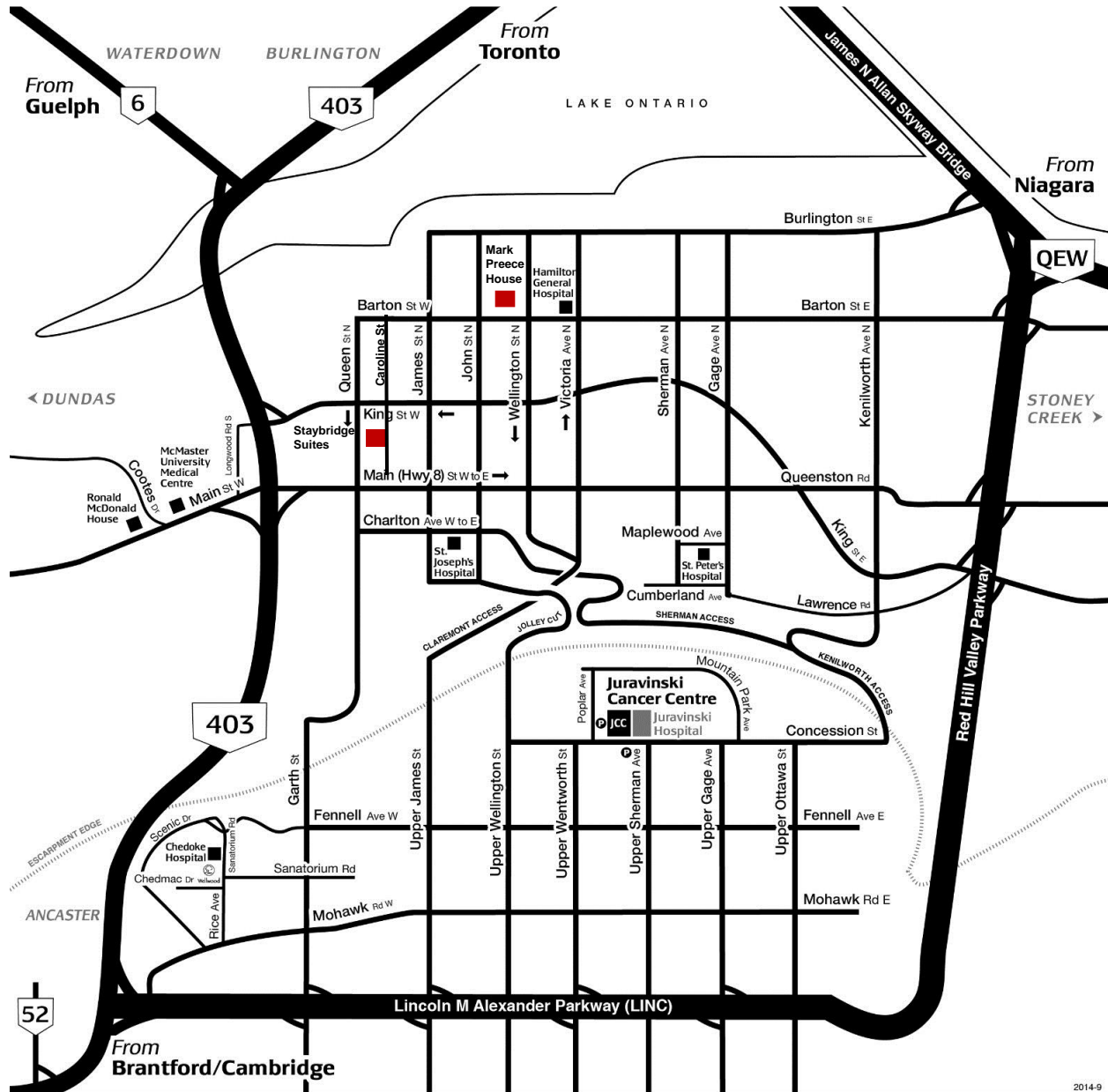
Getting to the Juravinski Hospital and Cancer Centre, 699 Concession Street, Hamilton, Ontario from GTA (Greater Toronto Area)

- Take QEW to Hwy 403.
- Exit onto the Lincoln Alexander Parkway (LINC).
- Follow the LINC exit to Upper Wentworth Street.
- Travel north on Upper Wentworth Street.
- Turn right on Concession Street.
- The hospital and Cancer Centre are several blocks up on Concession Street on the left.

## **Parking instructions**

There are two parking lots near the Juravinski Hospital and Cancer Centre.

- One is on Concession Street right across from the hospital.
- The other is on Poplar Avenue right next door to the Cancer Centre



**Important:**

1. The Juravinski Hospital and Cancer Centre has 2 entrances.  
The Cancer Centre is **Entrance J** at 699 Concession St.  
and the Hospital is **Entrance A** at 711 Concession St.
2. Juravinski Innovation Tower (Charlton St.) and Juravinski Centre for  
Integrated Healthcare (West 5<sup>th</sup>) are part of St. Joseph's Healthcare  
and **not** related to the Juravinski Hospital and Cancer Centre.



## Transportation Supports

- Approximately one month before transplant, you will be required to attend multiple appointments in preparation for your transplant. You may be able to attend some of these appointments on your own. You will need to come to the Juravinski Hospital daily from Day 0. If you are receiving ODSP or Ontario Works you are eligible for medical transportation. Please speak with your ODSP/OW caseworker to have the Mandatory Special Necessities Benefit Request form completed as soon as possible.
- You may wish to register with the Canadian Cancer Society Wheels of Hope Transportation Program (1-800-263-6750) or the Hamilton Cancer Assistance Transportation Program (905-383-9797). Both may have waitlists and need notification to arrange rides.
- Parking at the hospital is \$20.00 per day or discounted rates are available through the parking office of \$48.50 per two weeks or \$100.00 for ten day passes with in and out privileges.

## Final Thoughts

Due to the tight schedule and time frames, considering these issues in advance of your transplant is important and will assist with the smooth transition to the Juravinski Hospital.

If you have any concerns with finances, transportation or a caregiver, in advance of your transplant, your Trillium Health Partner social work team may be able to assist.