

For the routine care of suspect or positive COVID-19 & Specimen Collection (NPS swabbing)

Step 1

Clean Hands

Put on Yellow Fabric Gown

- Opening to back
- Secure neck
- Secure at waist



Step 2

Put on Mask- Surgical

- Expand mask to make a pocket
- Place flexible nose piece on bridge of nose
- Secure **top** ties at crown of head
- Secure **bottom** ties at back of neck
- Mold flexible nose piece over nose



or a Procedural

- Place flexible nose piece over nose
- Pull lower edge of mask under chin
- Hook elastics over ears



Step 3

Put On Eye Protection

- Position face shield foam on forehead
- Secure with toggles



Step 4

Clean Hands

Put on Gloves

- Select correct size
- Gloves are worn over gown cuffs



Important Considerations

- Keep gloved hands away from face
- Avoid touching or adjusting other PPE
- Limit touching surfaces and items
- Take off gloves if they become torn
- Clean hands before putting on new gloves



Clean hands for minimum 20 seconds after the removal of each piece of PPE
 Alcohol Based Hand Rub (ABHR) is preferred method
 Clean between fingers, back of hands, wrists, finger tips, nails and thumbs
 Doff into near by waste bin

Step 1

Remove Gloves

- Using the pinch-pull method, remove gloves
- Discard gloves

Clean Hands

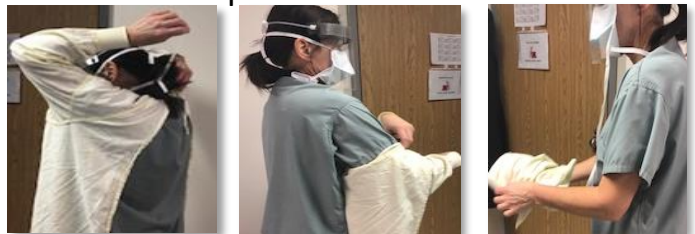


Step 2

Remove Gown

- Untie at waist, release at neck
- Pull gown out, and away from body
- Turn gown inward and roll into bundle to prevent contamination of clothing or skin
- Discard gown

Clean Hands

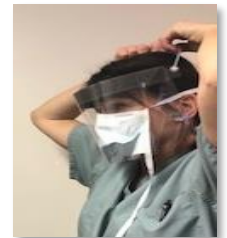


Step 3

Remove Eye Protection

- Front of face shield is considered contaminated, elastic strap of face shield is considered clean and may be touched with hands
- Lift elastic up and away from face

Clean Hands



Step 4

Removal of Mask

Front of mask considered contaminated, ties and elastic loops considered clean and may be touched with hands

Surgical Mask

- Undo bottom tie
- Grasp top tie pulling mask off and away from face

or

Procedural Mask

- Grasp both elastics from around ears
- Pull mask off and away from face
- Do **NOT** touch face

Clean Hands

Cleaning of personal eyewear is done after all PPE is removed

