



# COVID-19 Update

**Date:** Monday, April 20, 2020

**To:** Everyone at HHS

**From:** Kelly Campbell, VP Corporate Services and Capital Development  
Dr. Dominik Mertz, Medical Director, IPAC

**Subject:** **Physical distancing during breaks and in elevators**

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We would like to remind everyone that physical distancing is not only a requirement in the community. It is even more important at the workplace, in particular when not wearing a mask. Therefore, we have several physical distancing measures in place across HHS. In all their social interactions at work, we remind everyone to:

- Stay two meters apart at all times
- Avoid having meals in small rooms without maintaining physical distance
- Have no more than two people sitting at a table in cafes and cafeterias
- Avoid group gatherings during breaks (especially applies to smoking areas)
- Perform hand hygiene before and after using the seating area.

In addition, we ask that a maximum of three to four people ride in an elevator at the same time. Signs to that effect are posted in front of some of our elevators.

These are important measures, put in place with guidance from Hamilton Public Health, to ensure the safety of everyone and protect you, our staff, from the spread of COVID-19.

At a time when public health and other healthcare leaders are asking Ontarians to practice physical distancing, it is critical for us to lead by example at our sites.

Visit [hamiltonhealthsciences.ca/share/food](https://hamiltonhealthsciences.ca/share/food) for more information.

Thank you for your cooperation.