

**Regional Rehabilitation Outpatient Services (RROS)
Eligibility Criteria Checklist
(see list of definitions)**

PATIENTS ARE ELIGIBLE TO ATTEND IF ALL OF THE FOLLOWING APPLY:

- medically stable
- at least 18 years old.
- recent onset (less than one year)
- diagnosis of Stroke, Spinal Cord Injury/Disorder or Acquired Brain Injury
- have restorative potential
- functional realistic rehabilitation goals that can be achieved in an outpatient clinical setting with short term, time limited treatment.
- require a specialized rehabilitation service
- tolerance level, motivation and willingness to participate in active rehabilitation and incorporate recommendations.
- cognitive ability to learn and participate.
- adequate bowel and bladder management to allow full participation in rehab sessions
- ability to access and manage transportation to RROS
- fully completed RROS referral form signed by a medical doctor or Nurse Practitioner.

EXCLUSION CRITERIA

Patients will not be eligible to attend if any of the following apply:

- a bedded level of care has been recommended to best meet the defined needs
- require Maintenance level of Rehabilitation as defined by Rehab Care Alliance.
- behaviours that may interfere with rehabilitation for themselves or others.
- outpatient rehabilitation has already been provided for their condition and there are no new identified functional goals
- inpatient rehabilitation has been provided for their condition but did not demonstrate progress towards goals (restorative potential unlikely).
- Any Degenerative or Progressive condition. (ex. Multiple Sclerosis, Parkinson's Disease)