

Pathfinder Series: Indigenous Resources

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books & Audiovisual

Cree Medical Dictionary

Call number: 0.1.12 2011

This dictionary of medical terms includes a pronunciation guide as well as illustrations.

In our own words: the cancer journey / Cancer Care Ontario

Call Number: 1.1.0 2008 DVD

Indigenous people from across Ontario describe their cancer experiences in this informative DVD. Screening for cancer and treatment options are discussed, and the film can be viewed in English, French, Ojibway, Cree, Mohawk, Inuktitut, Michif, and Oji Cree.

Oji-Cree Medical Dictionary

Call number: 0.1.11 2011

This dictionary of medical terms includes a pronunciation guide as well as illustrations.

Ojibwe Medical Dictionary

Call number: 0.1.10 2011

This dictionary of medical terms includes a pronunciation guide as well as illustrations.

Websites

Canada.ca: Indigenous Health

<http://hc-sc.gc.ca/fniah-spnia/index-eng.php>

This website provides an extensive list of topics related to First Nations and Inuit health including information on staying healthy, disease threats, substance use and help with addictions; drug, dental and medical benefits as well as what programs and funding are available for First Nations and Inuit in Canada.

Completing the Circle: End of Life Care with, by and for Aboriginal Families

<http://www.aboriginalendoflifecare.com/index.html>

This website offers videos such as “Youth & Grieving” and “Healing Words About End of Life Spoken to Aboriginal Families.”

De dwa da dehs nye>s Aboriginal Health Centre

<https://aboriginalhealthcentre.com/>

With three locations, this centre provides various programs and services including traditional healing and counselling as well as mental health.

Hamilton Health Sciences: Indigenous Care & Services

<https://www.hamiltonhealthsciences.ca/patients-visitors/while-youre-here/patient-and-family-services/indigenous-care-services/>

Visit this webpage for information about our Indigenous Patient Navigator services, smudging policy, land statement, and more.

Living My Culture <https://livingmyculture.ca/culture/>

On this website “people from various cultures share their stories and wisdom about living with serious illness, end of life and grief...”

Living With Cancer: Everyone Deserves Support

<https://www.fnha.ca/WellnessSite/WellnessDocuments/Living-With-Cancer.pdf#search=living%20with%20cancer>

This online booklet includes chapters about your rights, gathering support, healing, treatment, and making a wellness plan.

Métis Nation of Ontario: Healing & Wellness

<http://www.metisnation.org/programs-and-services/healing-wellness/>

This organization’s website includes information about cancer care as well as a FAQ section about breast and cervical cancer screening.

Miles to Go Cancer Support Group

<https://www.facebook.com/Miles-to-Go-Cancer-Support-Group-187684157949979>

Mississaugas of the Credit First Nation: Social & Health Services

<http://mncfn.ca/shs-2/>

Located in Hagersville, this organization’s staff “offer non-judgmental counselling and a broad range of social and health services.”

Native American Cancer Initiatives, Inc. <http://www.natamcancer.org/>

This U.S.-based organization’s site offers fact sheets on breast, colon, lung, and prostate cancer as well as eating healthy and clinical trials.

Ontario Health: Indigenous Cancer Care Unit <https://www.cancercareontario.ca/en/cancer-care-ontario/programs/aboriginal-cancer-control-unit>

This unit works to improve cancer care for Ontario’s First Nations, Métis and Inuit people and enhance access to culturally sensitive cancer services, support, and health education.

Ontario Health: Indigenous Tobacco Program <https://tobaccowise.cancercareontario.ca/en>

This organization spreads a message about being Tobacco-Wise that includes recognizing the difference between traditional and commercial tobacco.

Six Nations Health Services <http://www.snhs.ca/>

Located in Ohsweken, Ontario, this organization’s mission is “to create a safe environment, to guide, support and care for our community members on their wellness journey.” The website includes information about nutrition, long term care, mental health, and much more.