

# COVID TESTING GUIDE: WHICH TEST & WHEN?

Symptoms/ Exposures		Testing and Isolation Guidance
<b>COVID Symptoms</b>	<ul style="list-style-type: none"> <li>• Fever, chills</li> <li>• Cough, sore throat, difficulty swallowing</li> <li>• Shortness of breath, difficulty breathing</li> <li>• Nausea, vomiting, diarrhea, abdominal pain</li> <li>• Decrease/Loss of taste/smell</li> <li>• Runny nose, nasal congestion</li> <li>• Conjunctivitis</li> <li>• Acute functional decline (e.g. delirium, falls)</li> <li>• Headaches</li> <li>• Fatigue/malaise/myalgia</li> </ul>	<p>All symptomatic patients deemed COVID Risk must be in Droplet/ Contact Precautions</p> <p><b>Respiratory Multiplex Test</b> ordered with symptoms of ARI (new/ worse cough, shortness of breath) and in the following populations:</p> <ul style="list-style-type: none"> <li>• Immunocompromised Patient (oncology/transplant)</li> <li>• Patient with co-morbidities (complex care)</li> <li>• All pediatric patients</li> </ul> <p><b>COVID Only Test:</b> ordered for all other patients</p>
<b>Asymptomatic</b>	<ul style="list-style-type: none"> <li>• Newborns born to COVID positive moms or recovered moms</li> </ul>	<p><b>COVID only Test</b></p> <p>Place in Droplet/Contact, isolation can be reassessed in consultation with IPAC during daytime hours</p>
<b>Asymptomatic AND COVID Exposed past 14 days</b>	<ul style="list-style-type: none"> <li>• Patients being admitted from outbreak facilities/ settings (e.g.: LTC/ Retirement Home/Group Homes, Shelters, indigenous reserves, congregate work setting e.g. production line)</li> <li>• Contact with someone with COVID without PPE</li> <li>• Travelled outside of Canada (including exempts from the quarantine act)</li> </ul>	<p>Place in droplet/ Contact for 14d from last exposure and maintain these precautions regardless of negative test result</p> <p><b>COVID Only Test</b></p> <ul style="list-style-type: none"> <li>• On admission to expedite diagnosis given known exposure</li> <li>• Around day 7 of admission or day 7 post exposure</li> <li>• Prior to performing an AGMP</li> <li>• If patient develops symptoms during admission</li> </ul>

Well patients with symptoms can be discharged with instructions: When to return, self-isolate until negative test result received, if positive remain in self-isolation as per PH guidance. PH will call with positive test result. Can check their test result online <https://covid19results.ehealthontario.ca:4443/agree>