

Virtual Care

PREPARING FOR YOUR VISIT



Location

Private, comfortable, free of distraction and brightly lit.

Equipment

Fully charged or plugged in with a stable internet connection. Test your computer, smartphone or tablet to ensure audio and/or video are working.

Materials

Have your health card and list of medications ready. A pen and paper to write down information and instructions is also helpful.

Company

Consider having a family member, caregiver or friend with you during the visit to assist with translation, technology or understand information.

Devices

Have accessibility devices – glasses, hearing aids, and any other devices required ready.

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