

MAC-WATERLOO-NIAGARA SOCIAL ISOLATION PREVENTION PARTNERSHIP (SSIPP)



OUR AIM

Humans are designed to thrive in families, networks, and communities. Unfortunately, many vulnerable members of our community are **at increased risk of social isolation**. *How can we mitigate social isolation and promote well-being?*

Our program **partners** volunteers with community members to provide **regular telephone check-ins for social comfort and health education**. Our team consists of over 100 volunteers who speak 15+ languages. Healthcare providers, staff from healthcare organizations, retirement homes, LTC, assisted living communities, and community organizations are welcome to refer.

HOW DOES IT WORK?

- 1** Ask your patient/client if they are interested in participating. Ask for their preferred phone number and language. Record their consent to be referred in your records.
 - 2** Reach out to your region's SSIPP email and we will provide further instructions about the online referral process.
 - 3** Community members and volunteers will be partnered based on region and language.
 - 4** The volunteer will contact their community member partner to schedule their first phone call.
- Let the fun begin!**



WATERLOO: WATSENIORS@GMAIL.COM

HAMILTON/NIAGARA:

MACSENIORISOLATIONPREVENTION@GMAIL.COM

FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE SSIPP.INFO