

# Pathfinder Series: Brain Tumours

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This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

## Books

*About Brain Tumors: A Primer for Patients and Caregivers* / American Brain Tumor Association

Call number: 7.5.1 2015

This book offers information and resources and shares suggestions and experiences from patients and families. It includes chapters on brain tumor basics, parts of the brain, types of brain tumors, causes and risk factors, symptoms and side effects, coping, etc.

*Fast Facts: Brain Tumors* / Lauren E. Abrey and Warren P. Mason

Call number: 7.5.2 2011

This highly readable second edition of *Fast Facts: Brain Tumours* challenges the view that there is a therapeutic nihilism associated with brain tumours. It supports the premise that patients with brain tumours can truly benefit from a thoughtful multidisciplinary approach.

*Frankly Speaking About Cancer: Brain Tumors* / National Brain Tumor Society and Cancer Support Community

Call number: 7.5.9 2013

This is a collection of valuable resources, facts, and tips about the medical, practical, and emotional effects of brain tumours to help you (or an advocate) gain control and learn how to cope with the diagnosis.

## Websites

Brain and Spine Foundation

<http://www.brainandspine.org.uk/brain-tumour>

This organization is dedicated to providing information and support for patients with brain and spine conditions. Booklets and fact sheets on a wide variety of topics, including those dealing with brain tumours, treatments, diagnostic tests, and much more.

## Brain Tumour Foundation of Canada

<http://www.braintumour.ca>

The Brain Tumour Foundation of Canada is a national, non-profit organization dedicated to the needs of patients with a brain tumour by providing support, education, and funding for research. It also provides a forum for patients to connect with others who share their own experiences.

## Canadian Cancer Society – Brain and Spinal Tumours

<http://www.cancer.ca/en/cancer-information/cancer-type/brain-spinal/brain-and-spinal-tumours/?region=on>

The Canadian Cancer Society's website is a good place to start research into brain tumours. It covers a wide range of topics including risk education, screening, diagnosis, treatment, and supportive care.

## MedlinePlus - Brain Tumors

<http://www.nlm.nih.gov/medlineplus/braincancer.html>

The National Institute of Health's website offers free, reliable, up-to-date health information. Produced by the National Library of Medicine, it includes the effects of brain tumours on the mind, emotion, and personality. It also has useful interactive tutorials and videos (e.g. various types of surgical procedures).

## National Brain Tumor Society

<http://www.braintumor.org/>

The NBTS' site offers information, education and support for brain tumour patients and their loved ones. An online community allows patients and family members to connect with others, ask questions and gain support. Good informative publications are also available for download.

## OncoLink "All About Adult Brain Tumors"

<http://www.oncolink.org/types/article.cfm?c=2&s=4&ss=25&id=9534>

A good overview of different types of brain tumours, what they are, how they are treated, what to expect, links to further resources and much more from this highly-respected, award-winning website and organization.