

Wedge Resection

After your procedure

- Take your medication prescription to a pharmacy right after your procedure. Take the medication when you get home before the freezing wears off and as your doctor told you. It is a good idea to take the pain medication about a ½ hour before the dressing change.
- Limit activities that cause you discomfort or pain.
- Keep your foot elevated or up as much as possible for 24 to 48 hours.
- Use loose sheets for 1 week.

How to care for your dressing

- Keep your dressing on and dry for 48 hours after surgery.
- You should expect some bleeding to occur after surgery. You may need to add more dressings.
- Home care or a follow-up appointment will be arranged before you leave.

When should I get medical help?

Call your surgeon or go to the Emergency Department if you notice any of the following symptoms:

- The bleeding does not decrease after 12 hours, or bleeding that soaks all the way through the dressings
- Increased swelling
- Increased pain

Special Instructions/Follow-Up

- Soak your foot in the bath for 5 to 10 minutes per day after the initial 48 hours.
- Change the dressing daily after the footbath for 1 week.
- Apply Polysporin®, gauze and Coban™ wrap as per instructions.
- After the 1 week – keep the foot clean and dry.