

# Pathfinder Series: Brain Tumours

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This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

## Books

*About Brain Tumors: A Primer for Patients and Caregivers* / American Brain Tumor Association

Call number: 7.5.1 2015

This book offers information and resources and shares suggestions and experiences from patients and families. It includes chapters on brain tumor basics, parts of the brain, types of brain tumors, causes and risk factors, symptoms and side effects, coping, etc.

*Fast Facts: Brain Tumors* / Lauren E. Abrey and Warren P. Mason

Call number: 7.5.2 2011

This highly readable second edition of *Fast Facts: Brain Tumours* challenges the view that there is a therapeutic nihilism associated with brain tumours. It supports the premise that patients with brain tumours can truly benefit from a thoughtful multidisciplinary approach.

*Frankly Speaking About Cancer: Brain Tumors* / National Brain Tumor Society and Cancer Support Community

Call number: 7.5.9 2013

This is a collection of valuable resources, facts, and tips about the medical, practical, and emotional effects of brain tumours to help you (or an advocate) gain control and learn how to cope with the diagnosis.

*When Life Gives You Pears: The Healing Power of Family, Faith, and Funny People* / Jeannie Gaffigan

Call number: 5.3.18 2019

In 2017 Jeannie Gaffigan was diagnosed with a life-threatening brain tumor. Thankfully, she and her family were able to survive their time of crisis and now, with sincerity and hilarity, Jeannie invites you into her heart (and brain) during this trying time, emphasizing the importance of family, faith and humor as keys to her recovery and leading a more fulfilling life.

## Websites

American Brain Tumor Association

<https://www.abta.org/>

The ABTA's website offers information for the newly diagnosed, resources for caregivers, social & emotional support, educational webinars, and more.

Brain and Spine Foundation

<http://www.brainandspine.org.uk/brain-tumour>

This organization is dedicated to providing information and support for patients with brain and spine conditions. Their website offers booklets and fact sheets on a wide variety of topics, including those dealing with brain tumours, treatments, diagnostic tests, and much more.

Brain Tumour Foundation of Canada

<http://www.braintumour.ca>

The Brain Tumour Foundation of Canada is a national, non-profit organization dedicated to the needs of patients with a brain tumour by providing support, education, and funding for research. It also provides a forum for patients to connect with others who share their own experiences.

Canadian Cancer Society – Brain and Spinal Tumours

<http://www.cancer.ca/en/cancer-information/cancer-type/brain-spinal/brain-and-spinal-tumours/?region=on>

The Canadian Cancer Society's website is a good place to start research into brain tumours. It covers a wide range of topics including risk education, screening, diagnosis, treatment, and supportive care.

MedlinePlus - Brain Tumors

<http://www.nlm.nih.gov/medlineplus/braincancer.html>

The National Institute of Health's website offers free, reliable, up-to-date health information. Produced by the National Library of Medicine, it includes links to journal articles and clinical trials as well as useful interactive tutorials and videos.

National Brain Tumor Society

<http://www.braintumor.org/>

The NBTS' site offers information, education and support for brain tumour patients and their loved ones. An online community allows patients and family members to connect with others, ask questions and gain support. Good informative publications are also available for download.

OncoLink "All About Adult Brain Tumors"

<http://www.oncolink.org/types/article.cfm?c=2&s=4&ss=25&id=9534>

A good overview of different types of brain tumours, what they are, how they are treated, what to expect, links to further resources and much more are available from this highly-respected, award-winning website and organization.