

# Pathfinder Series: Leukemia

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This pathfinder provides information about resources available in the JCC Patient and Family Resource Centre and on the internet.

## Books

*100 Questions and Answers about Leukemia* / Edward D. Ball

Call number: 7.13.17 2013

Whether you're a newly diagnosed leukemia patient, a survivor, or a friend or relative of either, this book offers help, and provides both doctor and patient perspectives. It gives authoritative, practical answers to questions about treatment options, post-treatment quality of life and sources of support. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this disease.

*Living Well with CML* / Canadian CML Network

Call Number: 7.13.6 2015

Diagnosis and treatments, emotional and physical wellness, sex and intimacy and the future: what you need to know to live your best life with Chronic Myelogenous Leukemia.

## Websites

**American Society of Hematology – Patients**

<https://www.hematology.org/education/patients>

The ASH website's section for patients offers a lot of information. From the basics – descriptions of the parts of the blood and the function of each within the body – to common blood disorders, clinical trials information, and links to patient groups and organizations for specific blood diseases, including leukemias.

### **Canadian Cancer Society – Leukemia**

<http://www.cancer.ca/en/cancer-information/cancer-type/leukemia/leukemia/?region=on>

The Canadian Cancer Society provides a good overview of leukemia, including some of the lesser-known, rarer types of the disease. The site also provides information about supportive care during treatment, current research, and a link to their Cancer Information Service.

### **Cancer.Net – Types of Cancer** <http://www.cancer.net/cancer-types>

From the “Types of Cancer” page, users can access information about the chronic and acute leukemias (just click on “I-L” for a list of leukemias by type). The site includes information about diagnosis of the disease, treatment options, coping with side effects of treatment, post-treatment care, questions to ask the doctor, and more.

### **CLL Canada** <http://cllpag.ca/>

One of the most comprehensive sites for CLL patients out there, this group provides a great deal of support for patients and families, including conferences, patient resources, advocacy for medications, and a lot more. Visitors to the site can register to join the group for free, to get updates and further information about CLL and relevant topics.

### **Leukaemia Care** <http://www.leukaemiacare.org.uk/>

This informative site from the UK provides information about blood and lymphatic cancers for patients and caregivers. Here you can download fact sheets and other resources, watch the webinars and read stories from patients, and get involved with the organization’s online community to connect with other patients.

### **Leukemia & Lymphoma Society of Canada** <http://www.llscanada.org/>

The LLS’s website is a good place to begin your research. Call their toll-free number to chat with an information specialist, download or order booklets and other resources, find information specific to your type of leukemia, stay up to date with new treatments, clinical trials, and more.

### **National Cancer Institute – Leukemia** <http://www.cancer.gov/types/leukemia>

The NCI offers information on the topic of leukemia and the different types of this disease, treatment, support and more. The big draw for this site however, is the section on research. The NCI is a leader in cancer research, and the site lists current clinical trials and other areas of research into leukemia and related cancers.