

# Adolescent circumcision

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## What can I expect after surgery?

- The end of your penis will look red and swollen at first. This should get a little better with each passing day. You may also notice a yellowish covering over the glans. This is not a sign of infection – it is part of healing. It will clear on its own after several days.
- You may experience mild to moderate pain.
- To relieve the pain please use pain medication such as acetaminophen (Tylenol®)

## How do I take care of the incision?

- The incision is closed with stitches, which dissolve and do not need to be removed.
- Your surgeon may tell you to apply Polysporin® ointment to the penis 4 times a day for 7 to 10 days.
- Follow the doctor's instructions on when to remove the dressing. Remove the brown dressing on \_\_\_\_\_ (date). The clear dressing will fall off on its own or you may remove it during a shower.
- Wash your hands with soap and water (or use an alcohol hand sanitizer) before and after using the bathroom.
- You may have a short bath or shower in 3 days.

## When can I have sexual intercourse?

- Avoid sexual intercourse for at least 4 weeks.
- Your activity is based on your own comfort level and how you are healing.
- If erections are causing discomfort, please contact us.

## What activity can I do?

- You can return to most daily activities as soon as you feel able to.
- Try to avoid any activity that will increase your heart rate (including video games) for the first 2 days.
- For 1 to 2 weeks, you should avoid:
  - Swimming
  - Activities that would get the incision dirty
  - Rough or vigorous activities

## When should I get medical help?

Call the hospital if you notice any of the following symptoms:

- Increasing or severe pain that is not relieved with pain medication.
- Continuous nausea or vomiting (unable to eat or drink as usual).
- Increasing redness or swelling of the penis.
- Continuous bright red bleeding from the incision.
- Fever, a temperature above 38°C (100.5°F).
- Difficulty passing urine (peeing, voiding) for 8 to 10 hours.
- Pus or discharge from incision.

## How do I contact Pediatric Urology?

**During business hours (Monday to Friday), call McMaster Children's Hospital at 905-521-2100:**

- 2G Pediatric Urology Clinic – ext. 78517 (for appointment information only)
- Pediatric Urology Office – ext. 73777

**For urgent issues after hours and on weekends, call Paging at 905-521-5030:**

- Ask them to page the Pediatric Urologist on call.

**If your baby is unwell and needs immediate attention:**

- Go to the McMaster Children's Hospital Emergency Department
- If you live outside Hamilton, take your baby to the nearest hospital emergency department.