

DISCOVERY DAY IN HEALTH SCIENCES

June 3, 2021

EVALUATION SUMMARY REPORT

Registered = 330

Attended = 283

Attendance Rate: 86%

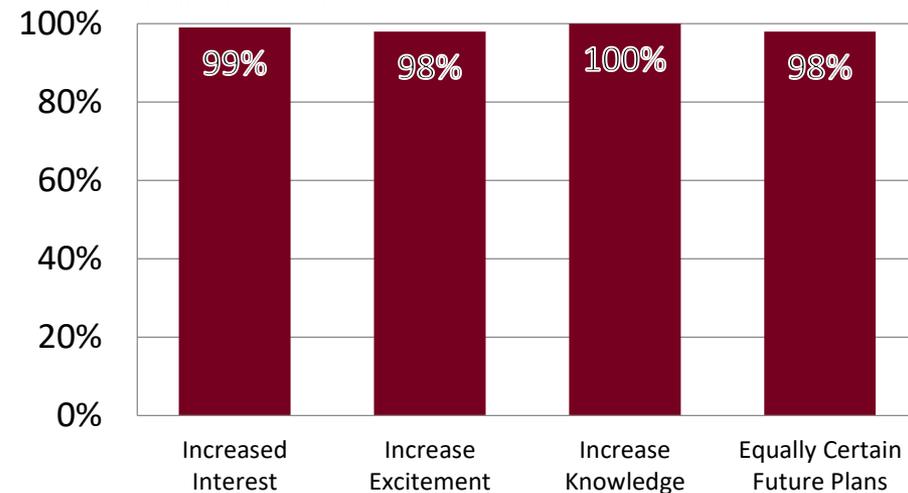
"Hamilton Feedback by far the
best received among Discovery
Day events held across Canada"
(CMHF)



Pre/Post Results Indicate that **Discovery Days** **Prime Youth** for a Career in the Health Sciences



Symposium Expectations



Symposium Impact

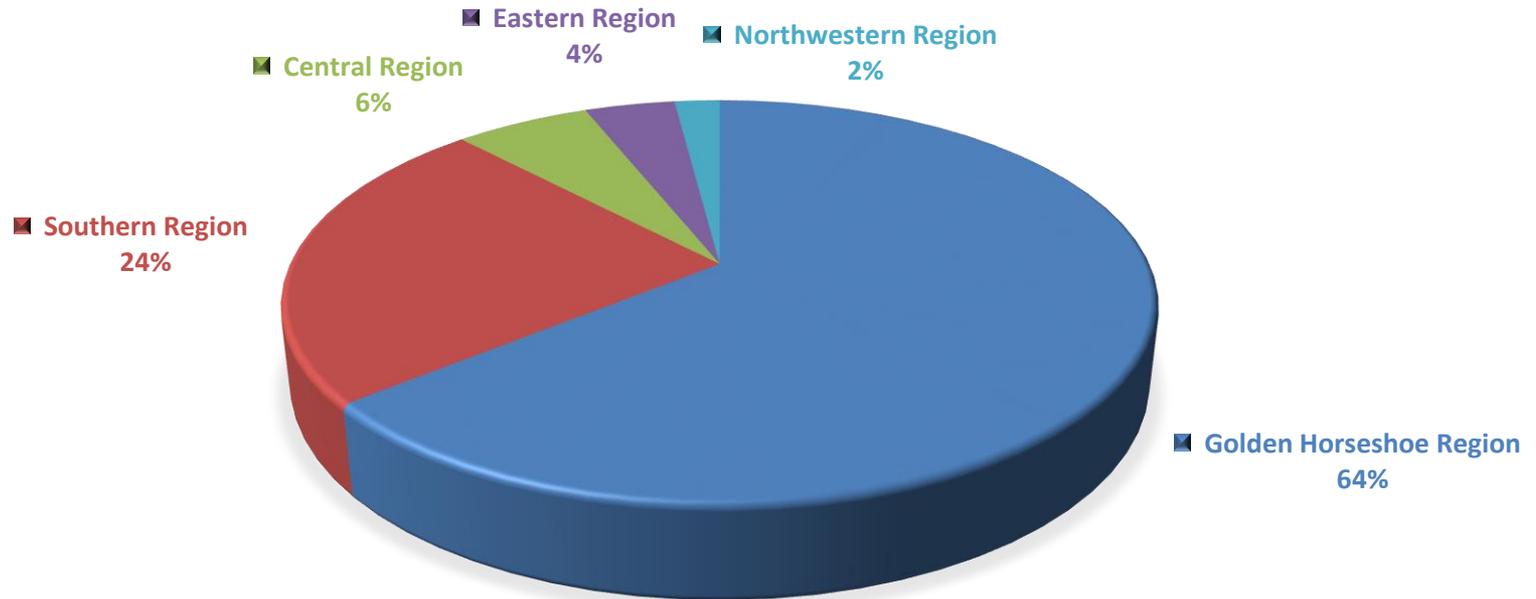
Participating Schools n=50

Ancaster High
Ascension of Our Lord S.S
Assumption College School
Aurora High School
Barrie North Collegiate
Bishop Tonnos Catholic Secondary
Bramalea Secondary School
Brantford Collegiate Institute
Cardinal Carter CHS
Collingwood Collegiate Institute
David and Mary Thomson C.I.
David Suzuki Secondary School
Dr. Frank J. Hayden Secondary School
Dunville Secondary School
Eastview Secondary School
Father Bressani Catholic High School
Fletcher's Meadow Secondary School

Glenview Park Secondary School
Greater Fort Erie Secondary School
Hagersville Secondary School
Harold M. Brathwaite Secondary School
HB Beal Secondary School
HDSB – Virtual Secondary School
Hillfield Strathallan College
HWDSB Regional Healthcare Program
I.E. Weldon Secondary School
J. Clarke Richardson Collegiate Institute
Jacob Hespeler Secondary School
Lakeshore Catholic HS
Marc Garneau Collegiate Institute
Martingrove Collegiate Institute
Mayfield Secondary School
Milton District High School
Nelson High School

Northern Collegiate Institute & Vocational School
Rehoboth Christian School - Copetown
Rehoboth Christian School – Norwich
SATEC @ W.A Porter Collegiate Institute
Secondary Remote Learning
St. Francis Xavier Catholic Secondary School
St. Ignatius of Loyola CSS
St. John Henry Newman CSS
St. Mary Catholic Secondary School
St. Mary's Catholic High School
St. Patrick High School
T.A Blakelock High School
Virtual Learning Centre
Virtual Secondary School
Westlane Secondary School
Woodstock Collegiate Institute

DEMOGRAPHICS OF PARTICIPATING SCHOOLS BY ONTARIO REGIONS





Keynote Speaker

Dr. Lehana Thabane

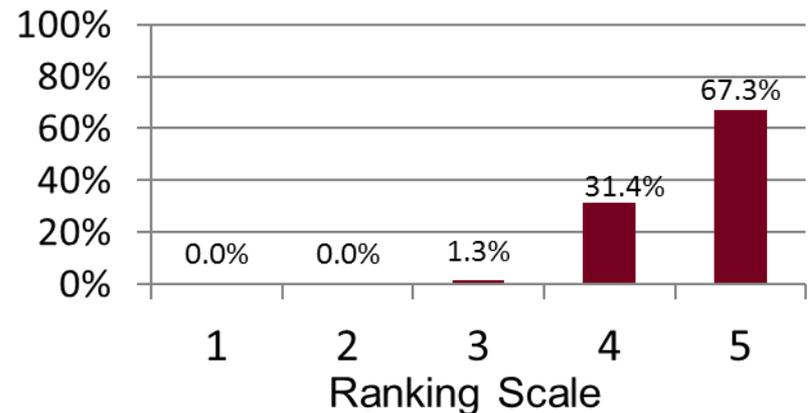
“My Journey as a Biostatistician: EBM=Statistical Thinking in Health”

Testimonials

“Absolutely inspirational! I love hearing about the journey and challenges people face to get where they are now. It gives me more motivation to work even harder to reach my own goals!”

“Was very insightful and his experiences were very touching. The entire lecture was a really great introduction to how the morning would continue!”

“Great keynote lecture! Wonderful way to kick start the event! The presenters were amazing and I learned a lot about collaboration, teamwork, and research within the field.”



Professional Career Panel

“Health Pros Tell All”

Testimonials

“As always, what a great panel, with a diverse background! I am certain that my students have benefitted from attending Discovery Day and hearing and listening to all the great people who share their time and experiences with them.”

“I appreciated hearing from the different speakers about their experiences. I feel that their advice is very valuable, and I was appreciative of the tips and knowledge they provided us.”

“I enjoyed learning about the journeys of the panelist in some cases coming to Canada and how and why they chose their careers.”

“I really enjoyed that we had the opportunity to talk to healthcare professionals who have tremendous experience and were open to answering all of our questions. They were very informative and offered really great opinions on the different subjects we covered!”



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presented by



Feedback From Concurrent Breakout Workshops

What is Sepsis?

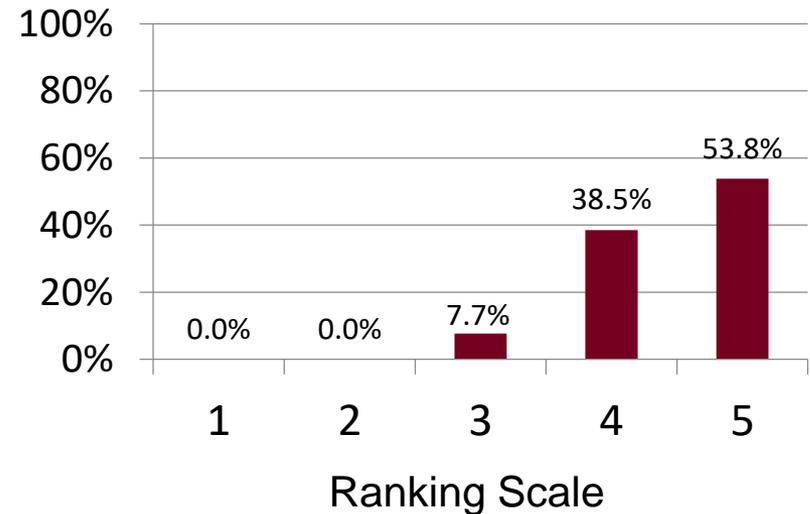
Testimonials

"It was amazing! The leaders did a great job answering questions and shared really great information. Also, the Kahoot was a ton of fun."

"It was fascinating. Not only did I get to learn about sepsis, but I also learned about the social determinates of it. I learned about how important it is to educate people about sepsis as well. Overall, I enjoyed this workshop and I learned a lot."

"Super interesting and fun!"

"Very informative and great speakers! Very grateful to have learned about an issue with growing priority."



Reframing Dementia: It's More than Memory Loss

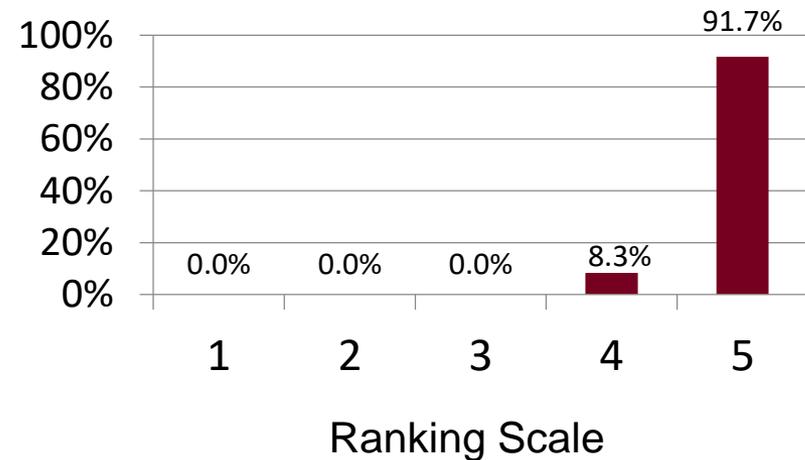
Testimonials

"Excellent workshop! Really informative and I thoroughly enjoyed listening to Debbie's story and the activities were amazing. Put a lot into perspective and overall it was an incredible workshop!"

"I loved this workshop so much! It was so interesting, the activities were really helpful, and Debbie was fantastic!"

"This workshop was absolutely amazing! I got to learn about what dementia is, common misconceptions, Debbie's personal experiences, and what it is really like to live with it, along with some fun interactive components!"

"Was very engaging – loved it!"



Everything is 'Pulse-able': Possibilities of Nursing

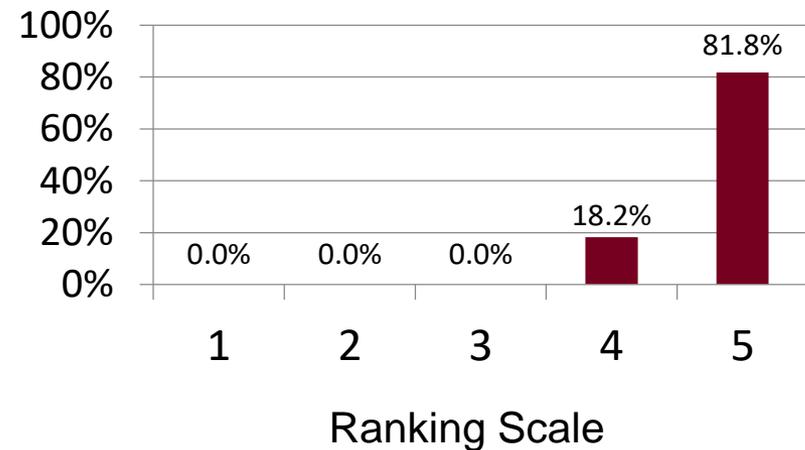
Testimonials

"I loved it so much! Wow, thank you so much for this amazing opportunity – I learned so much today!"

"It was super fun and very informative. I really enjoyed it because it gave me a better look at the nursing program at McMaster."

"I really enjoyed the workshop as I got to know more of a program I want to attend and the courses McMaster offers. I also enjoyed playing the games provided; not only was it entertaining, but also very educational! I got to understand my own knowledge and learn something new.."

"With so many workshop possibilities to choose from, I settled on the Everything is 'Pulse-able': workshop and was absolutely pleased with the experience. It was both informative as well as interactive and further assisted in determining my prospective career option"



Nursing Journey: A World of Possibilities

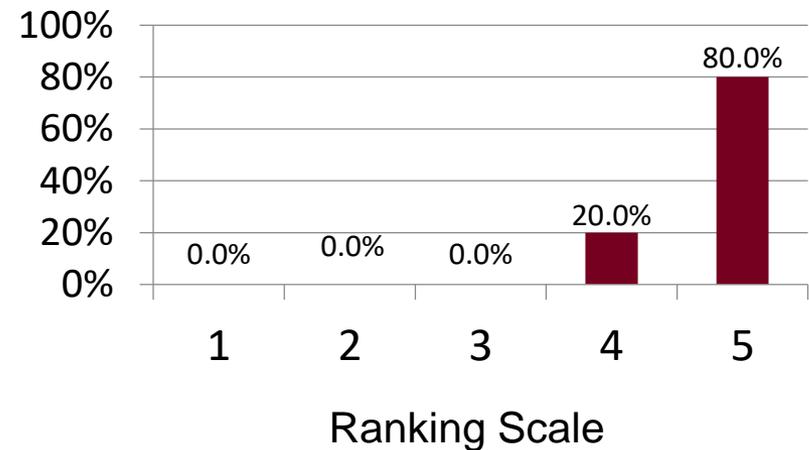
Testimonials

“Really engaging and fun! I enjoyed learning about how the fellow nurses got to where they are and the advice they had for students with this field of interest.”

“They were amazing!! Inclusive and fun!”

“It was very fun and interesting to hear from the nurses about what their days are like and how they got to where they are now. This meeting helped me gain more of an idea of what I want to do with my future, which I really appreciate! They also helped me learn about how to properly put on PPE, I thought that this was very cool..”

“I liked how the presenters took a lot of time to read out our questions and explained exactly how to put on and take off PPE, which I thought was very helpful.”



Bones of Orthopedic Surgery

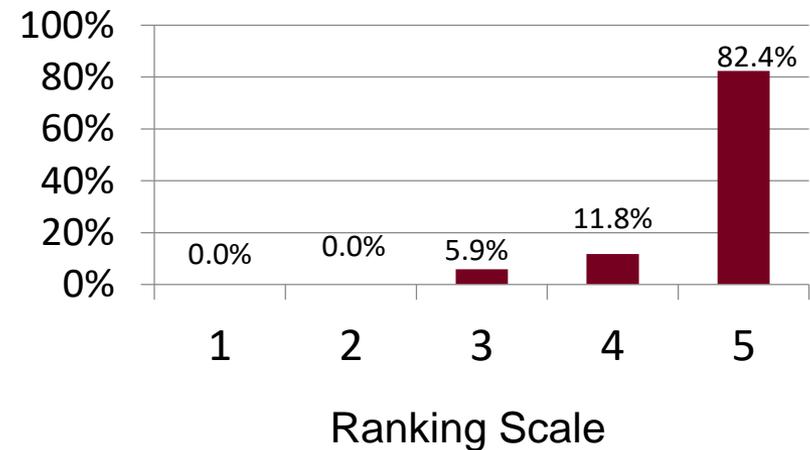
Testimonials

"Dr. Worthy was amazing! She gave me very valuable insights on Orthopedics and got me even more excited for my future. It was also very hands-on and interactive. Overall, I am very thankful to have had this opportunity!"

"loved being able to experience the Orthopedic Surgery workshop! It made me more interested in studying in the medical field. I also liked seeing the x-rays and other pictures."

"I really enjoyed the hands-on actives. I got to challenge myself when looking at x-ray images trying to figure out where the injuries were. Overall, I really enjoyed this workshop."

"It was really interesting and I saw an inside look at how orthopedic surgery worked!"



The Story of Cannabis: The Science of Understanding Its Effects on Mind, Body and Cells

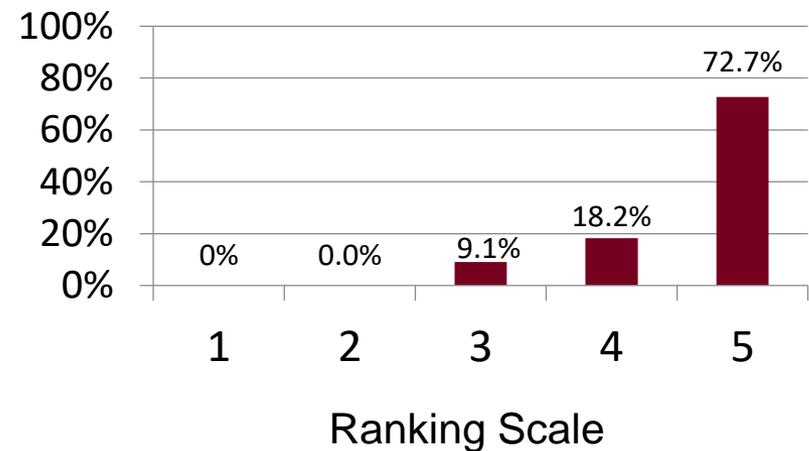
Testimonials

“The workshop was engaging, I loved the games, and the speakers. Definitely learned many things from this workshop.”

“Really fun and interactive. We played a Kahoot that I loved.”

“I really love this lecture as it provides a wide knowledge on academic research, the pros and cons of cannabis, the history of cannabis, the benefits and risks—this has inspired me in several ways. I hope many more students like me will be inspired through this event. The workshop itself was very amazing..”

“Very well presented and perfectly geared towards the students. I really liked the engagement with the group as whole..”



Mini Medical School

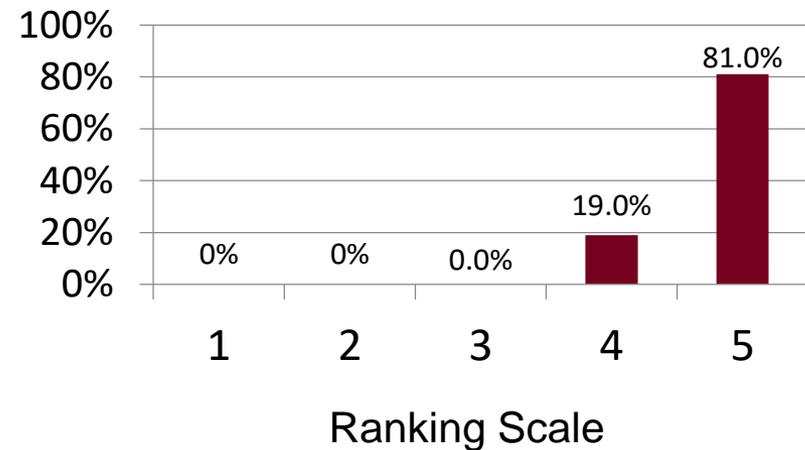
Testimonials

"So informative, interesting to hear about different medical students and what they did in undergrad with their extra curricular - Really excited for my future now - Loved it!! - The case study was so fun and interactive with the Kahoots!"

"I enjoyed it! I learned a lot of valuable information regarding the admissions process, ideal grades, volunteering opportunities."

"So informative, interesting to hear about different medical students and what they did in undergrad with their extra curricular - Really excited for my future now - Loved it!!"

"This was amazing!!! I enjoyed hearing from current med students on how they got into med school and their respective journeys."



Physiotherapy

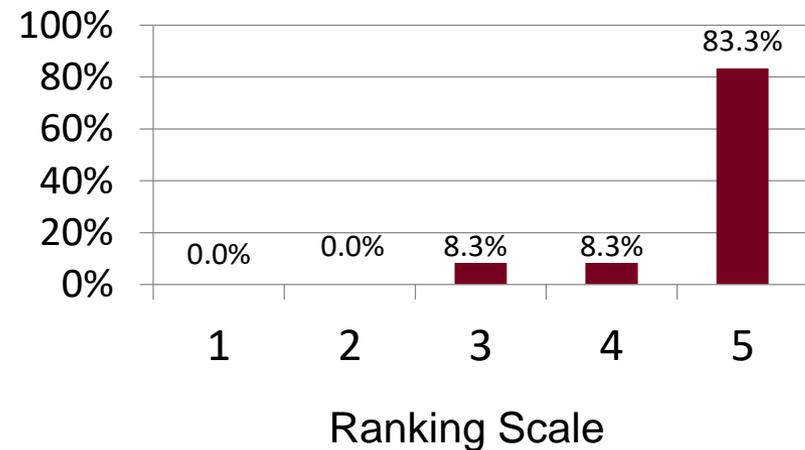
Testimonials

"The physiotherapy workshop was very informative. It widened my perspective on the different aspects of physiotherapy."

"I loved it and learned so much about this career!"

"It was very well put together, very interactive with the bubble pop and Kahoot. The presenters were funny, knowledgeable, and approachable."

"Personally, I thoroughly enjoyed the workshop. I thought it was extremely educational and inspirational. It gave me the opportunity to closely experience a field I am very interested in. Furthermore, talking to individuals who pursue this career gave me confidence that this is a very fit field for me."



Get a Grip

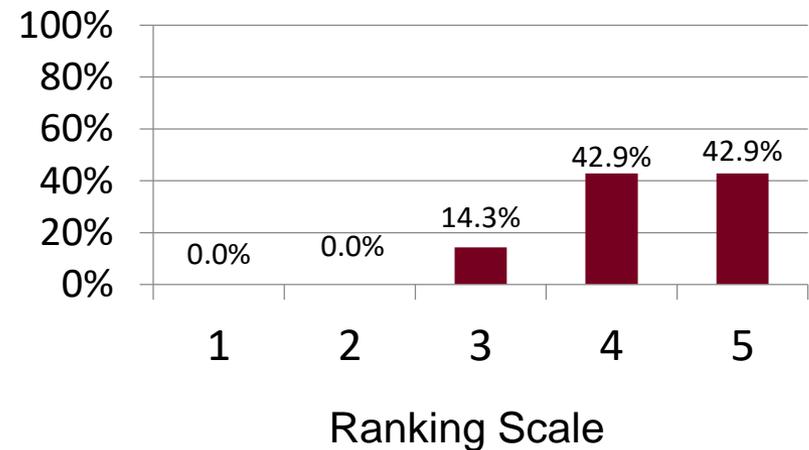
Testimonials

"The speakers gave very informative talks and engaged the audience. There were a lot of activities that were a part of the presentation."

"Enjoyed the presentation and the taste of what living with dementia is like. Very interesting topic and knowledgeable staff"

"I liked the little fun interactive activities :)"

"It was super interesting and I learned a lot!"



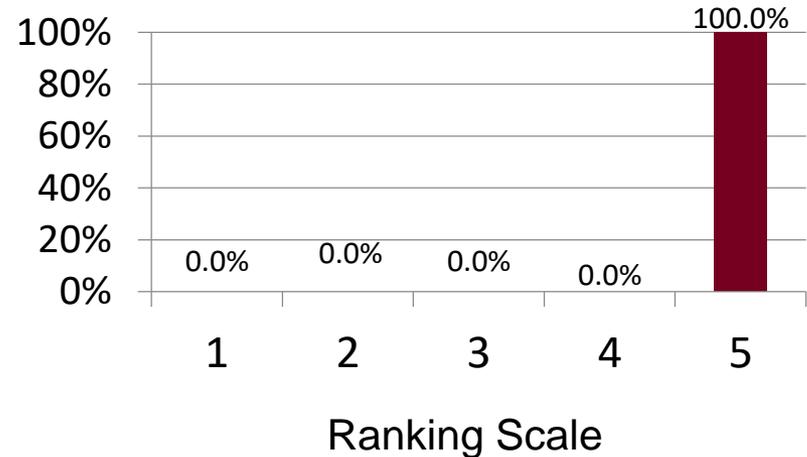
Autism: Collaborations for Meaningful Impact

Testimonials

"It was such an informative workshop I really enjoyed it and I love how they let everyone interact and introduce themselves, you feel like you are there for real not just in the meet."

"The workshop was amazing! Had an easy time asking questions, a good environment and it was very informative overall! I had a great time leaning about this stuff, the speaker did an amazing job talking about all of the issues with how the system is now and how we can fix it!"

"This was an extremely informative and meaningful workshop. I was able to engage with the presenters, share my thoughts and ideas in an accepting and informative environment, and I was given so much to think about and consider in regard to how I can participate in the world around me and make a difference through communication and health sciences pathways."



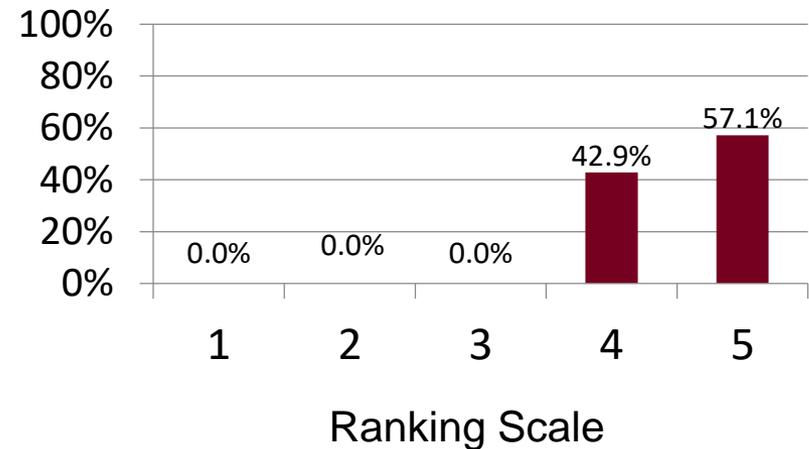
Behavioural Health Economics, Virtual Reality and Public Policy

Testimonials

“The workshop was very fun and interactive and all the various instructors provided many details regarding health economics and human psychology.”

“Very interesting and insightful. The VR game emulating Parkinson’s disease was really cool and I hope I can try it next time.”

“The Behavioural Health Economics Workshop was very interesting and informative. I enjoyed taking part in and hearing about ongoing research conducted by McMaster University researchers. I found it very interesting that through virtual reality, we are now able to gain a more accurate sense of what people would do in scenarios that do not apply to them. I also liked hearing about the collaboration between departments that makes McMaster University special.”



Can't Make Up These Stories: The Journey to Emergency Medicine

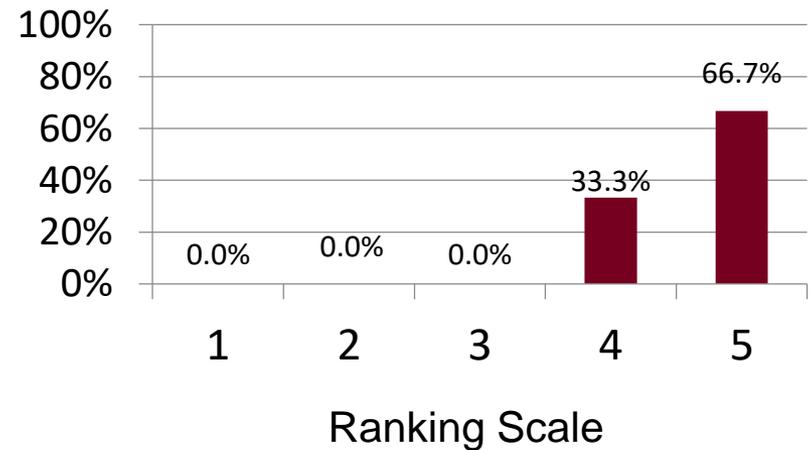
Testimonials

"Super informative and interesting! Both speakers were very relatable and had a lot of valuable advice to share. I thought it was very encouraging to hear their stories, it made me feel inspired to become a physician. Very inspiring individuals!"

"I enjoyed hearing the stories and advice given. It was very insightful."

"This workshop expanded my knowledge of emergency medicine. As this career path is of interest to me, the physicians leading this workshop were helpful by answering student questions. They also provided information about the opportunities available to us as high school students, to prepare us for a career in medicine.."

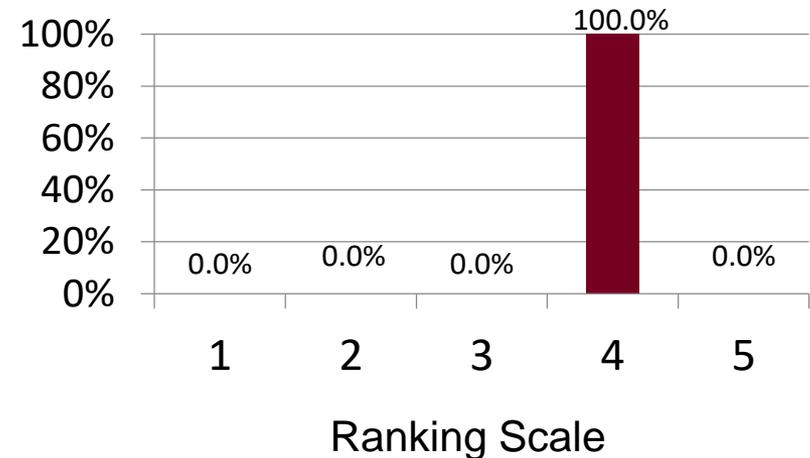
Very good and interesting and I learned many new things that I did not know before.



Assistive Technology and Communication

Testimonial

"This was a very interesting workshop and I loved learning about all the different ways of communication and the role of someone in this career. I loved when we learned how to control our phones with our voice and thought it was very interesting. I enjoyed the opportunity to attend this workshop and want to thank everyone who helped to put it together!"



Moral Injury

Testimonials

“Fantastic workshop! The presenters were personable, knowledgeable, and created a positive space for learning.”

“I love how it was interactive and it explained everything very well. I think the personal connections really helped me with understanding moral injury and understanding how healthcare workers are feeling during this pandemic.”

“I loved listening to Kim, Margaret and Andrea talk about PTSD and Moral Injury. They were all so welcoming, engaging and kind. Throughout the workshop they provided interactive activities and were open to all questions. Their passion for research and psychology was extremely motivating and I thoroughly enjoyed my time.”

“I enjoyed the friendly speakers and the knowledge they had to share. I learned more than I thought I would!”

