



Supporting Indigenous Patients and Families

Aboriginal Patient Navigator services are available to support patients and their families through their healthcare journey. In partnership with De dwa da dehs nye>s, Aboriginal Patient Navigators support patients by offering services that may include attending clinic visits, helping patients and families communicate with members of their healthcare team, arranging language and cultural translation services and helping patients connect with traditional Aboriginal healers. This program is available to patients and their family members who self-identify as having Aboriginal ancestry or as being part of an Aboriginal family. Contact information is below.

Makayla’s Room – Mkoonhs Zonghehgii in the Anishnaabe language – offers a quiet space for patients and families at McMaster Children’s Hospital to retreat, reflect, and to learn about and participate in Aboriginal culture. Location: 3rd floor near the yellow elevators. During the pandemic, Makayla’s Room is reserved as an Indigenous spiritual room.

Supports and Services

Aboriginal Patient Navigation Aboriginal Health Centre De dwa da dehs nye>s	Hamilton (905) 379 4320 Haldimand Brant (519) 750 4323 Niagara (905) 358 4320
Aboriginal Health Centre De dwa da dehs nye>s	Hamilton (905) 544 4320 Brantford (519) 752 4340 Niagara 1 877 402 4121 aboriginalhealthcentre.com
Hamilton Regional Indian Centre	(905) 548 9593 www.hric.ca/programs.php
Six Nations of the Grand River	24/7 Mobile Crisis Line: 519 445 2204 or 1 866 445 2204 Six Nations Mental Health and Addictions (Weekdays): 519 445 2143
Mississauga of the Credit First Nation – Mental Health Unit	(905) 768 1181 x224 mncfn.ca/shs/mental-health-unit
Centre for Addition and Mental Health (CAMH)	Comprehensive Directory of Aboriginal Mental Health Services: www.za-geh-do-win.com/PDF/The%20Key.pdf
Indian Residential School Survivors Crisis Line 24/7	1 866 925 4419

Your healthcare team members are also available to speak with you and support your care needs.

