

Going home after your Transcatheter Edge to Edge Repair (TEER) of your Mitral/Tricuspid Valve Mitral Clip/Tricuspid Clip (MC/TC) Procedure

Dr. _____ did your procedure.

Phone: _____

MC/TC Office: Ann Sawchuk (905) 521-2100 ext. 41414

Activity

- Increase activity as tolerated. We recommend you walk at a pace that you are still able to talk.
- Avoid strenuous activity or heavy lifting (nothing over 10 pounds or 4.5 kilograms) for 2 weeks.
- You cannot drive for 6 weeks after your procedure.
- It takes most patients 2 weeks to 2 months to fully recover from an MC/TC procedure.

Medications

- Aspirin 81 mg daily for ____ days ____ months ____ lifelong
- Plavix (clopidogrel) 75 mg daily for _____
- Other antiplatelet _____
- Continue taking the blood thinners (prescribed for you before the MC/TC procedure) for _____

Care of your access site

- Look at your access site every day.
- It is normal to have bruising or a small lump and may be tender to touch.
- You may remove the bandage and leave it off once there is no discharge.
- Contact the office if there is any excess discharge, progressive or spreading redness around the site and/or fever or chills.

Follow-up

- See your family doctor in 1 to 2 weeks
- Our team will contact you to schedule an echocardiogram and a visit in our clinic in approximately 1 month post procedure.
- See your cardiologist in 4 to 8 weeks

Other appointments you may have:

Tell all of your health care providers you have had a heart valve replacement.

- Do not go to the dentist for 3 to 6 months after your MC/TC procedure unless you have an abscess (infection) or toothache.

When to take antibiotics

- Take antibiotics before each visit to the dentist. This will help prevent an infection. Your dentist or family doctor can give you a prescription for the antibiotic.
- Take antibiotics before you have any dental procedure from now on including minor surgeries or teeth cleaning.