

# Dabrafenib/Trametinib

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## What is Dab/Tram?

Dabrafenib and Trametinib (Dab/Tram) are pills taken to treat melanoma. These pills can sometimes cause fever or chills.



## What causes a fever?

Fever can happen for many different reasons including infection or injury. It can also be a side effect of pills such as Dab/Tram. **You have a fever if your temperature, taken by mouth or ear, is 38°C or higher.** It is important to check your temperature with a thermometer at home.



## What are chills?

Chills are a feeling of coldness and shivering and can occur with or without fever.

## What should I do if I have a fever or get uncomfortable chills while taking Dabrafenib and Trametinib?



1. **STOP** taking BOTH Dabrafenib and Trametinib if your temperature is greater than 38°C and less than 39°C and you are otherwise feeling OK. Take acetaminophen (Tylenol®) 500 mg to 1000mg (1 to 2 extra-strength tablets) every 6 hours as needed for fever.

2. **For fever more than 39°C call your doctor's office at the Juravinski Cancer Centre or CAREchart@Home (after hours symptom assessment) and STOP BOTH Dabrafenib and Trametinib.**

3. **CALL** your healthcare team to let them know about your fever:

Monday to Friday 8 am to 4 pm call  
Juravinski Cancer Centre: 905-387-9495  
Evenings, weekends, and holidays call  
CAREchart@Home: 1-877-681-3057



4. **START** taking Dab/Tram **ONLY** after your fever and/or chills have been gone for at least 24 hours.

### **Other points to remember:**

- Fever and chills are common side effects of Dabrafenib and Trametinib.
- Your chance of developing a fever or chills is highest in the first few months of treatment and this chance reduces with time.
- Fever and chills can usually resolve if you stop your Dab/Tram pills when you first notice fever or chills.
- It is important to call and inform your healthcare team if you have fever or chills on Dab/Tram.