

McMaster Children's Hospital Pediatric Celiac Disease Clinic

1% of children in North America
live with Celiac Disease



Testing Celiac Disease in kids

All screening blood tests are not equal. The first test for Celiac disease is a **screening test**. These are now covered by the MOH. The most important tests are:

✓ **TTG (tissue transglutaminase)**

✓ **IgA**

An IgG DGP has low specificity for Celiac disease when the child has a normal IgA and TTG. The DGP is not required for the work up of CeD

A referral to Pediatric GI is suggested for any positive TTG, an IgA deficiency, or a child under the age of 2 with clinical symptoms.



One positive blood test **does not**
diagnose Celiac disease.

Do not stop gluten

It is very important that a child **continue eating gluten** in their diet until their first visit. Please suggest the child not start a gluten free diet or the confirmation tests are not accurate. If a child has stopped eating gluten, **please restart eating gluten** as soon as possible before their appointment.

Our clinic standards

A referral with a positive TTG is expedited to be seen in **less than 4-8 weeks**